

Central Breakfast Menu

April 2019

Monday	Tuesday	Wednesday	Thursday	Friday
1 Cheesy Sausage & Egg Burrito <i>Hard Boiled Egg, Toast, & Cereal Choices</i> Fruit Choices and 100% Apple Juice	2 French Toast Sticks <i>Hard Boiled Egg, Toast, & Cereal Choices</i> Fruit Choices and 100% Orange Juice	3 Ham, Egg & Cheese Flatbread <i>Hard Boiled Egg, Toast, & Cereal Choices</i> Fruit Choices and 100% Fruit Juice	4 Oatmeal & Brown Sugar <i>Hard Boiled Egg, Toast, & Cereal Choices</i> Fruit Choices and 100% Apple Juice	5 Blueberry Muffin Square <i>Hard Boiled Egg, Toast, & Cereal Choices</i> Fruit Choices and 100% Orange Juice
8 Waffles <i>Hard Boiled Egg, Toast, & Cereal Choices</i> Fruit Choices	9 Egg & Cheese Bagel <i>Hard Boiled Egg, Toast, & Cereal Choices</i> Fruit Choices and 100% Orange Juice	10 Late Start Chef's Choice <i>Hard Boiled Egg, Toast, & Cereal Choices</i> Fruit Choices and 100% Fruit Juice	11 Cheesy Ham, Egg and Potato Bite Taco <i>Hard Boiled Egg, Toast, & Cereal Choices</i> Fruit Choices and 100% Apple Juice	12 Strawberry Pineapple Smoothie & Elf Grahams <i>Hard Boiled Egg, Toast, & Cereal Choices</i> Fruit Choices and 100% Orange Juice
15 Denver Frittata <i>Hard Boiled Egg, Toast, & Cereal Choices</i> Fruit Choices and 100% Apple Juice	16 Cheese & Ham Breakfast Roll <i>Hard Boiled Egg, Toast, & Cereal Choices</i> Fruit Choices and 100% Orange Juice	17 Apple Cinnamon Muffin Square <i>Hard Boiled Egg, Toast, & Cereal Choices</i> Fruit Choices and 100% Fruit Juice	18 Chef's Choice <i>Hard Boiled Egg, Toast, & Cereal Choices</i> Fruit Choices and 100% Apple Juice	19 <p style="text-align: center;">No School</p>
22 Cinnamon Raisin Bagel <i>Hard Boiled Egg, Toast, & Cereal Choices</i> Fruit Choices and 100% Apple Juice	23 Apple Orange Smoothie & Elf Grahams <i>Hard Boiled Egg, Toast, & Cereal Choices</i> Fruit Choices and 100% Orange Juice	24 Chef's Choice <i>Hard Boiled Egg, Toast, & Cereal Choices</i> Fruit Choices and 100% Fruit Juice	25 Blueberry Waffles <i>Hard Boiled Egg, Toast, & Cereal Choices</i> Fruit Choices and 100% Apple Juice	26 Turkey Pancake Wrap <i>Hard Boiled Egg, Toast, & Cereal Choices</i> Fruit Choices and 100% Orange Juice
29 Cinnamon Rolls <i>Hard Boiled Egg, Toast, & Cereal Choices</i> Fruit Choices and 100% Apple Juice	30 Spanish Frittata <i>Hard Boiled Egg, Toast, & Cereal Choices</i> Fruit Choices and 100% Orange Juice			

Meal Prices:

Breakfast: \$1.15 Full Pay, \$0.30 Reduced, \$0.00 Free, \$2.00 Adult

Lunch: \$2.85 Full Pay, \$0.40 Reduced, \$0.00 Free, \$3.75 Adult

Milk: 1% White and Skim White are offered daily at Breakfast!

Central Lunch Menu

April 2019

Monday	Tuesday	Wednesday	Thursday	Friday
1 Turkey & Gravy with Traditional Stuffing Salad Bar Mashed Potatoes, Fresh Broccoli, Fresh Apple, Fruit Juice	2 Chicken Parmesan Pasta Salad Bar Green Beans, Red Pepper Strips, Fresh Orange Wedges,	3 Chili Cheese Baked Potato with WG Roll Salad Bar Steamed Carrots, Fresh Zucchini, Fresh Banana, Orange Juice	4 French Toast Sticks & Cheese Omelet Salad Bar Steamed Broccoli, Celery Sticks, Warm Cinnamon Apples	5 Vegetable Egg Roll & Fried Rice Salad Bar Bakes Beans, Baby Carrots, Diced Strawberries, Apple Juice
8 Mac & Cheese w/ Ham Salad Bar Steamed Peas, Cherry Tomatoes, Fresh Apple, Fruit Juice	9 Buffalo Chicken Flatbread Salad Bar Steamed Squash, Sliced Cucumbers, Fresh Orange Wedges,	10 Late Start Chicken Pot Pie w/ a WG Biscuit Salad Bar Sweet Potato Fries, Celery Sticks, Fresh Banana, Orange Juice	11 Chicken Noodle Soup or a Chicken Burger Salad Bar Kickin' Pinto Beans, Baby Carrots, Applesauce	12 Chicken Enchiladas with Rice & Corn Salad Salad Bar Steamed Broccoli, Red Pepper Strips, Diced Peaches, Apple Juice
15 Chicken Salsa Melt Salad Bar Sweet Golden Corn, Baby Carrots, Fresh Apple, Fruit Juice	16 Chicken Etouffee & Rice Salad Bar Steamed Peas, Red Pepper Strips, Fresh Orange Wedges,	17 Roast Pork & Gravy with WG Roll Salad Bar Mashed Potatoes, Fresh Zucchini, Fresh Banana, Orange Juice	18 Chef's Choice Salad Bar Green Beans, Celery Sticks, Fresh Grapes	19 No School
22 Oven Roasted Chicken Drumstick with WG Roll Salad Bar Mashed Potatoes, Cherry Tomatoes, Fresh Apple, Fruit Juice	23 Jerk Chicken and Cheese Flatbread Salad Bar Roasted Carrots, Jicama Sticks, Fresh Orange Wedges	24 Chef's Choice Salad Bar Steamed Cauliflower, Celery Sticks, Fresh Banana, Orange Juice	25 Sweet & Sour Chicken with Fried Rice Salad Bar Kickin' Pintos, Baby Carrots Blueberries,	26 Chipotle BBQ Chicken Artisan Pizza Salad Bar Steamed Broccoli, Sliced Cucumbers, Diced Pears, Apple Juice
29 Chicken Tenders w/ Pretzel Rod Salad Bar Steamed Corn, Broccoli Florets, Fresh Apple, Fruit Juice	30 Chicken Sandwich with Ginger Teriyaki Vegetables Salad Bar Stir-Fry Vegetables, Red Pepper Strips, Fresh Orange			

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Lunch: \$2.85 Full Pay, \$0.40 Reduced, \$0.00 Free, \$3.75 Adult

Milk: 1% White, Skim White, and Skim Chocolate are offered daily at lunch!