



Elementary Breakfast Menu

April 2019

1
Blueberry Muffin & String Cheese
Frosted Mini Wheats or Honey Nut Cheerios with String Cheese
Fresh Oranges, Diced Peaches, and Apple Juice

2
Cinnamon French Toast
Reduced Sugar Frosted Flakes or Honey Nut Cheerios with String Cheese
Fresh Apple, Mixed Fruit, Orange Juice

3
Egg Omelet & Tater Bites
Reduced Sugar Fruity Cheerios or Honey Nut Cheerios with String Cheese
Fresh Pears, Applesauce and Fruit Juice

4
Cheese & Sausage Quesadilla
Chocolate Frosted Mini Wheats or Honey Nut Cheerios with String Cheese
Banana, Raisins, Apple Juice

5
Cherry Frudel
Frosted Mini Wheats or Honey Nut Cheerios with String Cheese
Fresh Apple, Diced Pears and Orange Juice

8
Apple Bosco Stick
Reduced Sugar Frosted Flakes or Honey Nut Cheerios with Cheddar Cheese Cubes
Fresh Oranges, Diced Peaches and Apple Juice

9
Apple Blueberry Benefit Bar
Reduced Sugar Fruity Cheerios or Honey Nut Cheerios with Cheddar Cheese Cubes
Fresh Apple, Mixed Fruit, Orange Juice

10 Late Start
Chef's Choice
Chocolate Frosted Mini Wheats or Honey Nut Cheerios with Cheddar Cheese Cubes
Fresh Pears, Applesauce and Fruit Juice

11
Strawberry Banana Yogurt and Graham Crackers
Frosted Mini Wheats or Honey Nut Cheerios with Cheddar Cheese Cubes
Banana, Raisins, Apple Juice

12
Waffles
Reduced Sugar Frosted Flakes or Honey Nut Cheerios with Cheddar Cheese Cubes
Fresh Apple, Diced Pears and Orange Juice

15
Whole Grain Oatmeal
Reduced Sugar Fruity Cheerios or Honey Nut Cheerios with String Cheese
Fresh Oranges, Diced Peaches and Apple Juice

16
Turkey Pancake Wrap
Chocolate Frosted Mini Wheats or Honey Nut Cheerios with String Cheese
Fresh Apple, Mixed Fruit, Orange Juice

17
Apple Frudel
Frosted Mini Wheats or Honey Nut Cheerios with String Cheese
Fresh Pears, Applesauce and Fruit Juice

18
Chef's Choice
Reduced Sugar Frosted Flakes or Honey Nut Cheerios with String Cheese
Banana, Raisins, Apple Juice

19
No School

22
Banana Muffin and String Cheese
Chocolate Frosted Mini Wheats or Honey Nut Cheerios with Cottage Cheese
Fresh Oranges, Diced Peaches and Apple Juice

23
Apple Nutri-Grain Bar (1) & String Cheese (1)
Frosted Mini Wheats or Honey Nut Cheerios with Cottage Cheese
Fresh Apple, Mixed Fruit, Orange Juice

24
Chef's Choice
Reduced Sugar Frosted Flakes or Honey Nut Cheerios with Cottage Cheese
Fresh Pears, Applesauce and Fruit Juice

25
Country Chicken Biscuit
Reduced Sugar Fruity Cheerios or Honey Nut Cheerios with Cottage Cheese
Banana, Raisins, Apple Juice

26
Mini Cinnamon Cream Cheese Bagels
Chocolate Frosted Mini Wheats or Honey Nut Cheerios with Cottage Cheese
Fresh Apple, Diced Pears and Orange Juice

29
Strawberry Nutri Grain Bar & Cheese Cubes
Frosted Mini Wheats or Honey Nut Cheerios with Hardboiled Egg
Fresh Oranges, Diced Peaches and Apple Juice

30
Apple Cinnamon Muffin Square
Reduced Sugar Frosted Flakes or Honey Nut Cheerios with Hardboiled Egg
Fresh Apple, Mixed Fruit, Orange Juice

Happy Spring!!!!

Parents – we have positions open. Daytime hours & working only when your student is in school! More info at <http://aramark.aasd.k12.wi.us>



Lunch Accounts: Payments can be made online or by sending cash or check with your student. Breakfast: \$1.15, Reduced: \$0.30, Free \$0.00, CEP: \$0.00, Adult: \$2.00.

Milk: 1% White and Skim White are offered daily at breakfast!

Whole Grains: All bread served is whole grain rich!