

Central Breakfast Menu

December 2018

Monday	Tuesday	Wednesday	Thursday	Friday
3 Cinnamon Raisin Bagel <i>Hard Boiled Egg, Toast, & Cereal Choices</i> Fruit Choices and 100% Apple Juice	4 Apple Orange Smoothie & Elf Grahams <i>Hard Boiled Egg, Toast, & Cereal Choices</i> Fruit Choices and Orange Juice	5 Sausage & Cheese English Muffin <i>Hard Boiled Egg, Toast, & Cereal Choices</i> Fruit Choices and 100% Fruit Juice	6 Blueberry Waffles <i>Hard Boiled Egg, Toast, & Cereal Choices</i> Fruit Choices and Apple Juice	7 Turkey Pancake Wrap <i>Hard Boiled Egg, Toast, & Cereal Choices</i> Fruit Choices and 100% Orange Juice
10 Cinnamon Rolls <i>Hard Boiled Egg, Toast, & Cereal Choices</i> Fruit Choices and 100% Apple Juice	11 Spanish Frittata <i>Hard Boiled Egg, Toast, & Cereal Choices</i> Fruit Choices and Orange Juice	12 Grilled Ham and Cheese Sandwich <i>Hard Boiled Egg, Toast, & Cereal Choices</i> Fruit Choices and 100% Fruit Juice	13 Cheese & Sausage Quesadilla <i>Hard Boiled Egg, Toast, & Cereal Choices</i> Fruit Choices and Apple Juice	14 Country Biscuit & Gravy <i>Hard Boiled Egg, Toast, & Cereal Choices</i> Fruit Choices and 100% Orange Juice
17 Cheesy Sausage & Egg Burrito <i>Hard Boiled Egg, Toast, & Cereal Choices</i> Fruit Choices and 100% Apple Juice	18 French Toast Sticks <i>Hard Boiled Egg, Toast, & Cereal Choices</i> Fruit Choices and Orange Juice	19 Ham, Egg & Cheese Flatbread <i>Hard Boiled Egg, Toast, & Cereal Choices</i> Fruit Choices and 100% Fruit Juice	20 Oatmeal & Brown Sugar <i>Hard Boiled Egg, Toast, & Cereal Choices</i> Fruit Choices and Apple Juice	21 Chef's Choice <i>Hard Boiled Egg, Toast, & Cereal Choices</i> Fruit Choices and 100% Orange Juice
24 No School—Happy Holidays!	25 No School—Happy Holidays!	26 No School—Happy Holidays!	27 No School—Happy Holidays!	28 No School—Happy Holidays!
31 No School—Happy Holidays!				

Meal Prices:

Breakfast: \$1.25 Full Pay, \$0.30 Reduced, \$0.00 Free, \$2.00 Adult
 Lunch: \$2.95 Full Pay, \$0.40 Reduced, \$0.00 Free, \$3.75 Adult

Central Lunch Menu

December 2018

Monday	Tuesday	Wednesday	Thursday	Friday
3 Oven Roasted Chicken Drumstick with WG Roll Salad Bar Mashed Potatoes, Cherry Tomatoes, Fresh Apple, Fruit Juice	4 Vegetarian Chili Mac w/ WG Dinner Roll Salad Bar Roasted Carrots, Jicama Sticks, Fresh Orange Wedges, Apple Juice	5 Teriyaki Chicken Sandwich Salad Bar Steamed Cauliflower, Celery Sticks, Fresh Banana, Orange Juice	6 Sweet & Sour Chicken with Fried Rice Salad Bar Kickin' Pintos, Baby Carrots, Blueberries, Fruit Juice	7 Chipotle BBQ Chicken Artisan Pizza Salad Bar Steamed Broccoli, Sliced Cucumbers, Diced Pears, Apple Juice
10 Chicken Tenders w/ Pretzel Rod Salad Bar Steamed Corn, Broccoli Florets, Fresh Apple, Fruit Juice	11 Chicken Sandwich with Ginger Teriyaki Vegetables Salad Bar Stir-Fry Vegetables, Red Pepper Strips, Fresh Orange, Apple Juice	12 White Cheese, Sausage & Herb Flatbread Pizza Salad Bar Roasted Carrots, Fresh Zucchini, Fresh Banana, Orange Juice	13 Breaded Fish Melt Salad Bar Baked Beans, Celery Sticks, Pineapple Tidbits, Fruit Juice	14 Spaghetti Carbonara w/ Chicken & Bacon Salad Bar Collard Greens, Cucumber Tomato Salad, Fresh Pear, Apple Juice
17 Turkey & Gravy with Traditional Stuffing Salad Bar Mashed Potatoes, Fresh Broccoli, Fresh Apple, Fruit Juice	18 Chicken Parmesan Pasta Salad Bar Green Beans, Red Pepper Strips, Fresh Orange Wedges, Apple Juice	19 Chili Cheese Baked Potato with WG Roll Salad Bar Steamed Carrots, Fresh Zucchini, Fresh Banana, Orange Juice	20 French Toast Sticks & Cheese Omelet Salad Bar Steamed Broccoli, Celery Sticks, Warm Cinnamon Apples, Fruit Juice	21 Chef's Choice Salad Bar Bakes Beans, Baby Carrots, Diced Strawberries, Apple Juice
24 No School—Happy Holidays!	25 No School—Happy Holidays!	26 No School—Happy Holidays!	27 No School—Happy Holidays!	28 No School—Happy Holidays!
31 No School—Happy Holidays!				

Meal Prices:

Breakfast: \$1.15 Full Pay, \$0.30 Reduced, \$0.00 Free, \$2.00 Adult
 Lunch: \$2.85 Full Pay, \$0.40 Reduced, \$0.00 Free, \$3.75 Adult