



Elementary Breakfast Menu

September 2018

3

No School – Labor Day

4

Cinnamon French Toast

Reduced Sugar Frosted Flakes or Honey Nut Cheerios with String Cheese
Fresh Apple, Mixed Fruit, Orange Juice

5

Egg Omelet & Tater Bites

Reduced Sugar Fruity Cheerios or Honey Nut Cheerios with String Cheese
Fresh Orange, Applesauce, Fruit Juice

6

Cheese & Sausage Quesadilla

Chocolate Frosted Mini Wheats or Honey Nut Cheerios with String Cheese
Banana, Raisins, Apple Juice

7

Cherry Frudel

Reduced Sugar Cinnamon Toast Crunch or Honey Nut Cheerios with String Cheese
Fresh Apple, Diced Pears, Orange Juice

10

Chocolate Chip Muffin & String Cheese

Reduced Sugar Frosted Flakes or Honey Nut Cheerios with Cheddar Cheese Cubes
Fresh Pear, Diced Peaches, Apple Juice

11

Banana Chocolate Benefit Bar

Reduced Sugar Fruity Cheerios or Honey Nut Cheerios with Cheddar Cheese Cubes
Fresh Apple, Mixed Fruit, Orange Juice

12

Late Start

Apple Bosco Stick

Chocolate Frosted Mini Wheats or Honey Nut Cheerios with Cheddar Cheese Cubes
Fresh Orange, Applesauce, Fruit Juice

13

Banana Muffin Square

Reduced Sugar Cinnamon Toast Crunch or Honey Nut Cheerios with Cheddar Cheese Cubes
Banana, Raisins, Apple Juice

14

Waffles

Reduced Sugar Frosted Flakes or Honey Nut Cheerios with Cheddar Cheese Cubes
Fresh Apple, Diced Pears, Orange Juice
Peaches, Apple Juice

17

Oatmeal Chocolate Chip Benefit Bar

Reduced Sugar Fruity Cheerios or Honey Nut Cheerios with String Cheese
Fresh Pear, Diced Peaches, Apple Juice

18

Turkey Pancake Wrap

Chocolate Frosted Mini Wheats or Honey Nut Cheerios with String Cheese
Fresh Apple, Mixed Fruit, Orange Juice

19

Apple Frudel

Reduced Sugar Cinnamon Toast Crunch or Honey Nut Cheerios with String Cheese
Fresh Orange, Applesauce, Fruit Juice

20

Blueberry Muffin & String Cheese

Reduced Sugar Frosted Flakes or Honey Nut Cheerios with String Cheese
Banana, Raisins, Apple Juice

21

Berry French Toast

Reduced Sugar Fruity Cheerios or Honey Nut Cheerios with String Cheese
Fresh Apple, Diced Pears, Orange Juice

24

Banana Muffin and String Cheese

Chocolate Frosted Mini Wheats or Honey Nut Cheerios with Cottage Cheese
Fresh Pear, Diced Peaches, Apple Juice

25

Cinni Minnis

Reduced Sugar Cinnamon Toast Crunch or Honey Nut Cheerios with Cottage Cheese
Fresh Apple, Mixed Fruit, Orange Juice

26

Chef's Choice

Reduced Sugar Frosted Flakes or Honey Nut Cheerios with Cottage Cheese
Fresh Orange, Applesauce, Fruit Juice

27

Country Chicken Biscuit

Reduced Sugar Fruity Cheerios or Honey Nut Cheerios with Cottage Cheese
Banana, Raisins, Apple Juice

28

Chocolate Chip UBR

Chocolate Frosted Mini Wheats or Honey Nut Cheerios with Cottage Cheese
Fresh Apple, Diced Pears, Orange Juice

Welcome Back, Students!

We are looking forward to a great school year!

Parents – we have positions open. Daytime hours & working only when your student is in school! More info at <http://aramark.aasd.k12.wi.us>



Meal Accounts: Payments can be made online or by sending cash or check with your student. Breakfast: \$1.15, Reduced: \$0.30, Free \$0.00, CEP: \$0.00, Adult: \$2.00.

Milk: 1% White, Skim White, and Skim Chocolate are offered daily!

Whole Grains: All bread served is whole grain rich!