

# High School Breakfast

February 2019



Come try out our breakfast offerings! We are open 7:00 - 10:00 am for breakfast

Every day we offer a Featured Entrée & a Featured Breakfast Sandwich

Daily serve items: Sausage & Cheese English Muffin, Egg & Cheese English Muffin Sandwich, Whole Grain French Toast Sticks, Assorted Cereals with Low-Fat Protein Choices

All breakfast meals come with an entrée, fruit, juice, and a milk!

Monday	Tuesday	Wednesday	Thursday	Friday
				1 <b>Strawberry Pineapple Smoothie &amp; Elf Grahams</b> Turkey Pancake Wrap Apple, Diced Pears, Orange Juice
4 <b>Waffles &amp; Sryup</b> Cheesy Egg Biscuit Pear, Diced Peaches, Apple Juice	5 <b>Sausage, Egg &amp; Cheese Burrito</b> Egg Bagel Apple, Mixed Fruit, Orange Juice	6 <b>Blueberry Bagel and Cream Cheese</b> Sausage & Cheese Biscuit Orange, Applesauce, Fruit Juice	7 <b>Southwest Strata</b> Ham & Egg Pancake Panini Banana, Raisins, Apple Juice	8 <b>Berry French Toast</b> Breakfast Pizza Apple, Diced Pears, Orange Juice
11 <b>Cheese &amp; Ham Breakfast Roll</b> Cheesy Egg Breakfast Burger Pear, Diced Peaches, Apple Juice	12 <b>Apple Frudel</b> Ham Egg & Cheese Bagel Apple, Mixed Fruit, Orange Juice	13 <b>Late Start Chefs Choice</b> Turkey Sausage Sandwich Orange, Applesauce, Fruit Juice	14 <b>Banana Muffin Square</b> Egg, Bacon & Cheddar Flatbread Banana, Raisins, Apple Juice	15 <b>Chef's Choice</b> Egg, Sausage & BBQ Breakfast Burger Apple, Diced Pears, Orange Juice
18 <b>No School</b>	19 <b>Cheesy Ham &amp; Egg Pancake Panini</b> Cheesy Egg Breakfast Burger Apple, Mixed Fruit, Orange Juice	20 <b>Whole Grain Oatmeal</b> Sausage & Cheese English Muffin Orange, Applesauce, Fruit Juice	21 <b>Beef Quesadilla</b> Ham & Cheese Sandwich Banana, Raisins, Apple Juice	22 <b>Biscuit &amp; Gravy</b> Chocolate Oat Breakfast Bar Apple, Diced Pears, Orange Juice
25 <b>Sausage, Egg &amp; Cheese Burrito</b> Sausage & Cheese English Muffin Pear, Diced Peaches, Apple Juice	25 <b>Cheese &amp; Ham Breakfast Roll</b> Chicken & Cheese English Muffin Apple, Mixed Fruit, Orange Juice	27 <b>Cinnamon UBR</b> Egg, Ham & Cheddar Flatbread Orange, Applesauce, Fruit Juice	28 <b>Cheese &amp; Sausage Quesadilla</b> Cheesy Egg Biscuit Banana, Raisins, Apple Juice	

### Meal Prices:

Breakfast: \$1.25 Full Pay, \$0.30 Reduced, \$0.00 Free, \$2.00 Adult  
Lunch: \$2.95 Full Pay, \$0.40 Reduced, \$0.00 Free, \$3.75 Adult

**Milk:** 1% White and Skim White are offered daily at breakfast!