



Elementary Breakfast Menu

January 2019

1

**No School
Happy New Year!**

2

Apple Frudel
Frosted Mini Wheats or Honey Nut Cheerios with String Cheese
Fresh Orange, Applesauce, Fruit Juice

3

Blueberry Muffin & String Cheese
Reduced Sugar Frosted Flakes or Honey Nut Cheerios with String Cheese
Banana, Raisins, Apple Juice

4

Berry French Toast
Reduced Sugar Fruity Cheerios or Honey Nut Cheerios with String Cheese
Fresh Apple, Diced Pears, Orange Juice

7

Banana Muffin and String Cheese
Chocolate Frosted Mini Wheats or Honey Nut Cheerios with Cottage Cheese
Fresh Pear, Diced Peaches, Apple Juice

8

Cinnamon UBR
Frosted Mini Wheats or Honey Nut Cheerios with Cottage Cheese
Fresh Apple, Mixed Fruit, Orange Juice

9 Late Start
Chef's Choice
Reduced Sugar Frosted Flakes or Honey Nut Cheerios with Cottage Cheese
Fresh Orange, Applesauce, Fruit Juice

10

Country Chicken Biscuit
Reduced Sugar Fruity Cheerios or Honey Nut Cheerios with Cottage Cheese
Banana, Raisins, Apple Juice

11

Mini Cinnamon Cream Cheese Bagels
Chocolate Frosted Mini Wheats or Honey Nut Cheerios with Cottage Cheese
Fresh Apple, Diced Pears, Orange Juice

14

Strawberry Nutri Grain Bar & Cheese Cubes
Frosted Mini Wheats or Honey Nut Cheerios with Hardboiled Egg
Fresh Pear, Diced Peaches, Apple Juice

15

Apple Cinnamon Muffin Square
Reduced Sugar Frosted Flakes or Honey Nut Cheerios with Hardboiled Egg
Fresh Apple, Mixed Fruit, Orange Juice

16

Sausage Sandwich
Reduced Sugar Fruity Cheerios or Honey Nut Cheerios with Hardboiled Egg
Fresh Orange, Applesauce, Fruit Juice

17

Whole Grain Oatmeal
Chocolate Frosted Mini Wheats or Honey Nut Cheerios with Hardboiled Egg
Banana, Raisins, Apple Juice

18

Chef's Choice
Frosted Mini Wheats or Honey Nut Cheerios with Hardboiled Egg
Fresh Apple, Diced Pears, Orange Juice

21

No School

22

Cinnamon French Toast
Reduced Sugar Frosted Flakes or Honey Nut Cheerios with String Cheese
Fresh Apple, Mixed Fruit, Orange Juice

23 Late Start
Chef's Choice
Reduced Sugar Fruity Cheerios or Honey Nut Cheerios with String Cheese
Fresh Orange, Applesauce, Fruit Juice

24

Cheese & Sausage Quesadilla
Chocolate Frosted Mini Wheats or Honey Nut Cheerios with String Cheese
Banana, Raisins, Apple Juice

25

Cherry Frudel
Frosted Mini Wheats or Honey Nut Cheerios with String Cheese
Fresh Apple, Diced Pears, Orange Juice

28

Apple Bosco Stick
Reduced Sugar Frosted Flakes or Honey Nut Cheerios with Cheddar Cheese Cubes
Fresh Pear, Diced Peaches, Apple Juice

29

Apple Blueberry Benefit Bar
Reduced Sugar Fruity Cheerios or Honey Nut Cheerios with Cheddar Cheese Cubes
Fresh Apple, Mixed Fruit, Orange Juice

30

Cinnamon UBR
Chocolate Frosted Mini Wheats or Honey Nut Cheerios with Cheddar Cheese Cubes
Fresh Orange, Applesauce, Fruit Juice

31

Banana Muffin Square
Frosted Mini Wheats or Honey Nut Cheerios with Cheddar Cheese Cubes
Banana, Raisins, Apple Juice

Happy New Year, Students!

Parents – we have positions open. Daytime hours & working only when your student is in school! More info at <http://aramark.aasd.k12.wi.us>



Lunch Accounts: Payments can be made online or by sending cash or check with your student. Breakfast: \$1.15, Reduced: \$0.30, Free \$0.00, CEP: \$0.00, Adult: \$2.00.

Milk: 1% White and Skim White are offered daily at breakfast!

Whole Grains: All bread served is whole grain rich!