

# High School Breakfast

January 2019



Come try out our breakfast offerings! We are open 7:00 - 10:00 am for breakfast

Every day we offer a Featured Entrée & a Featured Breakfast Sandwich

Daily serve items: Sausage & Cheese English Muffin, Egg & Cheese English Muffin Sandwich, Whole Grain French Toast Sticks, Assorted Cereals with Low-Fat Protein Choices

All breakfast meals come with an entrée, fruit, juice, and a milk!

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b>  <b>No School</b>  <b>Happy New Year!</b>	<b>2</b> <b>Blueberry Bagel and Cream Cheese</b> Sausage & Cheese Biscuit Orange, Applesauce, Fruit Juice	<b>3</b> <b>Southwest Strata</b> Ham & Egg Pancake Panini Banana, Raisins, Apple Juice	<b>4</b> <b>Berry French Toast</b> Breakfast Pizza Apple, Diced Pears, Orange Juice
<b>7</b> <b>Cheese &amp; Ham Breakfast Roll</b> Cheesy Egg Breakfast Burger Pear, Diced Peaches, Apple Juice	<b>8</b> <b>Apple Frudel</b> Ham Egg & Cheese Bagel Apple, Mixed Fruit, Orange Juice	<b>9</b> <b>Late Start Chef's Choice</b> Turkey Sausage Sandwich Orange, Applesauce, Fruit Juice	<b>10</b> <b>Banana Muffin Square</b> Egg, Bacon & Cheddar Flatbread Banana, Raisins, Apple Juice	<b>11</b> <b>Ham &amp; Potato Bite Strata</b> Egg, Sausage & BBQ Breakfast Burger Apple, Diced Pears, Orange Juice
<b>14</b> <b>Spanish Frittata</b> Country Chicken Biscuit Pear, Diced Peaches, Apple Juice	<b>15</b> <b>Cheesy Ham &amp; Egg Pancake Panini</b> Cheesy Egg Breakfast Burger Apple, Mixed Fruit, Orange Juice	<b>16</b> <b>Whole Grain Oatmeal</b> Sausage & Cheese English Muffin Orange, Applesauce, Fruit Juice	<b>17</b> <b>Beef Quesadilla</b> Ham & Cheese Sandwich Banana, Raisins, Apple Juice	<b>18</b> <b>Chef's Choice</b> Chocolate Oat Breakfast Bar Apple, Diced Pears, Orange Juice
<b>21</b>  <b>No School</b>	<b>22</b> <b>Cheese &amp; Ham Breakfast Roll</b> Chicken & Cheese English Muffin Apple, Mixed Fruit, Orange Juice	<b>23</b> <b>Late Start Chef's Choice</b> Egg, Ham & Cheddar Flatbread Orange, Applesauce, Fruit Juice	<b>24</b> <b>Cheese &amp; Sausage Quesadilla</b> Cheesy Egg Biscuit Banana, Raisins, Apple Juice	<b>25</b> <b>Denver Frittata with Whole Grain Toast</b> Cheesy Bosco Stick Apple, Diced Pears, Orange Juice
<b>28</b> <b>Biscuit &amp; Gravy</b> Sausage Egg & Cheese Bagel Pear, Diced Peaches, Apple Juice	<b>29</b> <b>Huevos Rancheros Burrito</b> Chicken Nugget Wrap Apple, Mixed Fruit, Orange Juice	<b>30</b> <b>Blueberry Muffin Square</b> Breakfast Pizza Orange, Applesauce, Fruit Juice	<b>31</b> <b>Cheesy Ham, Egg &amp; Potato Bite</b> Cheesy Egg Breakfast Burger Banana, Raisins, Apple Juice	

### Meal Prices:

Breakfast: \$1.25 Full Pay, \$0.30 Reduced, \$0.00 Free, \$2.00 Adult

Lunch: \$2.95 Full Pay, \$0.40 Reduced, \$0.00 Free, \$3.75 Adult

**Milk:** 1% White and Skim White are offered daily at breakfast!