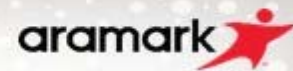


High School Lunch



May 2019

HOME ZONE	
<p>Everyday we offer a featured entrée and accompanying sides at our HOME ZONE station.</p>	

EVERYDAY OFFERINGS AT THE GRILL	
	<p>Hamburger, Cheeseburger, Veggie Burger, Chicken Patty, Spicy Chicken Patty, or Grilled Chicken on a Whole Grain Bun Chicken Tenders or 100% White Meat Boneless Wings with a Pretzel Rod Tater Tots or Sweet Potato Fries</p>

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1 Grilled Cheese & Tomato Soup Chicken Teriyaki Sandwich Steamed Carrots, Garden Salad, Fresh Banana, Orange Juice</p>	<p>2 BBQ Chicken, Black Bean, Jalapeno Rolletto Pesto Cheeseburger Baked Beans, Celery Sticks, Pineapple Tidbits</p>	<p>3 Spaghetti Carbonara w/ Chicken & Bacon Pimento Chicken Melt Collard Greens, Jicama, Fresh Pears, Apple Juice</p>
<p>6 Turkey & Gravy with Traditional Stuffing Crispy Srirachan Burger Mashed Potatoes with Gravy, Broccoli, Fresh Apple, Fruit Juice</p>	<p>7 Chicken Parmesan Pasta BBQ Cheeseburger Green Beans, Red Pepper Strips, Fresh Orange</p>	<p>8 Chili Cheese Baked Potato with Roll Chicken & Waffles Steamed Carrots, Fresh Zucchini, Fresh Banana, Orange Juice</p>	<p>9 French Toast Sticks & Cheese Omelet Mini Corn Dogs Steamed Broccoli, Celery Sticks, Frozen Blueberries</p>	<p>10 Vegetable Egg Roll & Fried Rice Pizza Burger Baked Beans, Baby Carrots, Diced Strawberries, Apple Juice</p>
<p>13 Mac & Cheese w/ Ham Chili Cheese Dog Steamed Peas, Cherry Tomatoes, Fresh Apple, Fruit Juice</p>	<p>14 Spicy Popcorn Chicken Bowl w/ Dinner Roll Grilled Ham and Cheese Sandwich Steamed Squash, Cucumber Slices, Fresh Orange</p>	<p>15 Cheesy Ravioli w/ Marinara WG Breadstick Jalapeno, Onion Burger Sweet Potato Fries, Celery Sticks, Fresh Banana, Orange Juice</p>	<p>16 Pizza Sticks w/ Marinara Cajun Slaw Burger Campfire Pinto Beans, Baby Carrots, Applesauce</p>	<p>17 Cajun Chili Fries Buffalo Chicken Sandwich Steamed Broccoli, Red Pepper Strips, Diced Peaches, Apple Juice</p>
<p>20 Meatloaf with Gravy and Italian Flatbread BBQ Pork Riblet Sandwich Sweet Golden Corn, Baby Carrots, Fresh Apple, Fruit Juice</p>	<p>21 Chicken Etouffee & Rice Chipotle Cheese Burger Steamed Peas, Red Pepper Strips, Fresh Orange Wedges</p>	<p>22 Chef's Choice Taco Cheeseburger Mashed Potatoes, Fresh Zucchini, Fresh Banana, Orange Juice</p>	<p>23 Chicken Pot Pie Chicken Patty Bacon Melt Green Beans, Celery Sticks, Fresh Grapes</p>	<p>24 Chef's Choice Chicken Bruschetta Melt Steamed Broccoli, Three Bean Salad, Mandarin Oranges, Apple Juice</p>
<p>27 No School Memorial Day!</p>	<p>28 Vegetarian Chili Mac Chicken Pizza Burger Steamed Carrots, Jicama Sticks, Fresh Orange</p>	<p>29 Country Chicken Nugget Bowl & Whole Grain Roll Bacon Cheeseburger Steamed Cauliflower, Celery Sticks, Fresh Banana, Orange Juice</p>	<p>30 Pancakes with Sausage Patties Jerk Chicken Flatbread Kickin Pinto Beans, Baby Carrots, Cinnamon Apples</p>	<p>31 Chicken Rice Soup w/ a Dinner Roll Chipotle Ranch Burger Steamed Broccoli, Sliced Cucumbers, Diced Pears, Apple Juice</p>

Meal Prices:
 Breakfast: \$1.25 Full Pay, \$0.30 Reduced, \$0.00 Free, \$2.00 Adult
 Lunch: \$2.95 Full Pay, \$0.40 Reduced, \$0.00 Free, \$3.75 Adult
Milk: 1% White, Skim White, and Skim Chocolate are offered daily at lunch!

High School Lunch

May 2019

EVERYDAY OFFERINGS – MAKE YOUR OWN!

PICK A BREAD

Sub Roll, Cheddar Roll, Whole Grain Wrap, Whole Grain Flatbread

GET SOME PROTEIN

Ham, Turkey, Chicken Salad, Tuna Salad, Hummus

CHEESE

American, Cheddar, Provolone

CUSTOMIZE

Lettuce, Tomato, Onion, Cucumber Slices, Green Pepper Strips, Black Olives, Pickles, Banana Peppers, Jalapenos

ADD A SPREAD

Mayo, Yellow Mustard, Honey Mustard, Ranch Dressing, Sriracha Mayo



EVERYDAY OFFERINGS

Cheese & Pepperoni Pizza on Whole Grain Crust

Made-To-Order Pasta:
Pasta, Meatballs, Diced Chicken, Spaghetti Sauce, Alfredo Sauce

Monday	Tuesday	Wednesday	Thursday	Friday
		1 BBQ Chicken Pizza	2 White Pizza	3 Bruschetta Chix Flatbread
6 White Pizza w/ Sausage	7 Hawaiian Pizza	8 Cheeseburger Pizza	9 Chicken Siracha Pizza	10 Mexican Pizza
13 Bruschetta Chicken Flatbread	14 Vegetable Pesto Pizza	15 Meat Lovers Pizza	16 Buffalo Chicken Pizza	17 BBQ Chicken Calzone
20 Taco Pizza	21 Greek Chicken Pizza	22 Vegetable Pizza	23 Chicken Club Flatbread	24 Spicy Sausage Pizza
27 No School	28 White Cheese Herb Pizza	29 Mac & Cheese Pizza	30 Broccoli Pepper Pizza	31 BBQ Chicken Calzone



EVERYDAY OFFERINGS – MAKE YOUR OWN!

STARTERS

Nachos, Tacos, Burrito, Bowl (Rice)

GET SOME PROTEIN (Pick 2)

Seasoned Chicken, Beef, Melted Cheese Sauce, Shredded Cheese

CUSTOMIZE

Rice, Beans, Lettuce, Tomato, Onion, Black Olives, Sliced Jalapeno, Sour Cream

TOP IT OFF

Classic Salsa, Salsa Verde, Pico de Gallo