# Middle School Breakfast Menu November 2018

# 5

# Spanish Frittata

Egg & Cheese English

Sausage & Cheese Breakfast Sandwich

Fresh Pear, Diced Peaches, 100% Apple Juice

# 12

### Cheesy Sausage & Egg **Burrito**

Egg & Cheese English Muffin

Sausage & Cheese **Breakfast Sandwich** 

Fresh Pear, Diced Peaches, 100% Apple Juice

# 19

# **Biscuit & Gravy**

Egg & Cheese English Muffin Sausage & Cheese Breakfast Sandwich

Fresh Pear, Diced Peaches, 100% Apple Juice

### 26

### Waffles & Syrup

Egg & Cheese English Muffin

# Cheesy Ham & Egg Pancake Panini

Egg & Cheese English Muffin

Sausage & Cheese Breakfast Sandwich

Fresh Apple, Mixed Fruit, 100% Orange Juice

# 13

## Cheese & Ham **Breakfast Roll**

Egg & Cheese English Muffin

Sausage & Cheese **Breakfast Sandwich** 

Fresh Apple, Mixed Fruit, 100% Orange Juice

# 20

# Chef's Choice

Egg & Cheese English Muffin Sausage & Cheese Breakfast Sandwich

Fresh Apple, Mixed Fruit, 100% Orange Juice

### Late Start Chef's Choice

Egg & Cheese English Muffin Sausage & Cheese Breakfast Sandwich

Fresh Orange Wedges, Applesauce, 100% Fruit Juice

# 14

21

# Mini Cinnamon Rolls

Egg & Cheese English Muffin Sausage & Cheese Breakfast Sandwich

Orange Wedges, Applesauce, 100% Fruit Juice

No School

Happy Thanksgiving!

# 15

22

### Cheese & Sausage Quesadilla

Egg & Cheese English Muffin

Banana Muffin & String

Ega & Cheese English

Sausage & Cheese

**Breakfast Sandwich** 

100% Apple Juice

**Beef Quesadilla** 

Sausage & Cheese

**Breakfast Sandwich** 

100% Apple Juice

Fresh Banana, Raisins,

Egg & Cheese English

Fresh Banana, Raisins,

Cheese

Muffin

8

Muffin

Sausage & Cheese **Breakfast Sandwich** 

Fresh Banana, Raisins, 100% Apple Juice

No School

Happy Thanksgiving!

# Ham & Potato Bite Strata

Egg & Cheese English Muffin Sausage & Cheese Breakfast Sandwich

Fresh Apple, Diced Pears. 100% Orange Juice

# 9

# **Chocolate Chip UBR**

Egg & Cheese English Muffin Sausage & Cheese

**Breakfast Sandwich** 

Fresh Apple, Diced Pears, 100% Orange Juice

# 16

# Country Chicken **English Muffin**

Egg & Cheese English Muffin Sausage & Cheese

**Breakfast Sandwich** 

Fresh Apple, Diced Pears, 100% Orange Juice

# 23

# No School Happy Thanksgiving!

Sausage & Cheese **Breakfast Sandwich** 

Fresh Pear, Diced Peaches, 100% Apple Juice

# 27

### Cheese & Ham **Breakfast Roll**

Egg & Cheese English Muffin

Sausage & Cheese Breakfast Sandwich

Fresh Apple, Mixed Fruit, 100% Orange Juice

# Apple Cinnamon Muffin & **String Cheese**

Egg & Cheese English Muffin Sausage & Cheese Breakfast Sandwich

Orange Wedges, Applesauce, 100% Fruit

# Cheesy Ham & Egg Pancake Panini

Egg & Cheese English Muffin Sausage & Cheese Breakfast Sandwich

Fresh Banana, Raisins, 100% Apple Juice

# **Berry French Toast**

Egg & Cheese English Muffin

Sausage & Cheese **Breakfast Sandwich** 

Fresh Apple, Diced Pears, 100% Orange Juice

# Happy November, Students! We hope you have a wonderful Thanksgiving!

Parents – we have positions open! Daytime hours & working only when your student is in school! More info at http://aramark.aasd.k12.wi.us

### **Lunch Accounts:**

Payments can be made online or by sending cash or check with your student.

Breakfast: \$1.25 Reduced: \$0.30, Free \$0.00, CEP: \$0.00 Lunch: \$2.95, Reduced: \$0.40, Free \$0.00, CEP: \$0.00 Adult Breakfast: \$2.00, Adult Lunch: \$3.75

Milk: 1% White and Skim White are offered daily at breakfast!

Whole Grains: All bread served in whole grain rich!

This institution is an equal opportunity provider.

Menus are subject to change without notice.

