

1

1. Chicken Nuggets & Pretzel Rod
2. Salisbury Steak w/ Gravy
3. Beef Nacho Salad
4. PB&J

Tater Tots, Fresh Broccoli, Apples, 100% Fruit Juice

2

1. Pancakes & Sausage
2. Chicken Patty Sandwich
3. Tossed Salad w/ Cheese
4. PB&J

Mixed Stir Fry, Red Pepper Strips, Orange, Apple Juice

3

1. Rotini w/ Meat Sauce & Dinner Roll
2. Popcorn Chicken
3. Chicken Chef Salad
4. PB&J

Sweet Potato Fries, Side Salad, Fresh Banana, 100% Orange Juice

4

1. Beef Nachos
2. Turkey Melt
3. Fruit & Cheese Plate
4. PB&J

Baked Beans, Celery Sticks, Pineapple Bits, 100% Fruit Juice

5

1. Beef Meatloaf w/ Gravy
2. Fish Melt
3. Popcorn Chicken Salad
4. PB&J

Collard Greens, Cucumber Tomato Salad, Fresh Pear, 100% Apple Juice

8

1. Chicken Tenders & Pretzel Rod
2. Turkey & Gravy with WG Roll
3. Ham Chef Salad
4. PB&J

Mashed Potatoes, Fresh Broccoli Florets, Fresh Apple, Fruit Juice

9

1. Cheeseburger
2. Chicken Parm Pasta
3. Spicy Popcorn Chicken Salad
4. PB&J

Steamed Green Beans, Red Pepper Strips, Fresh Orange, Apple Juice

10 Late Start

1. Spicy Chicken Sandwich
2. Chili Cheese Baked Potato & Pretzel Rod
3. Chicken Caesar Salad
4. PB&J

Steamed Carrots, Fresh Zucchini, Banana, Orange Juice

11

1. French Toast Sticks & Cheese Omelet
2. Turkey & Cheese Sub
3. Chicken Nacho Salad
4. PB&J

Steamed Broccoli, Celery Sticks, Fresh Watermelon, Fruit Juice

12

1. Pepperoni Pizza
2. Egg Roll & Fried Rice
3. Italian Salad w/ Ham
4. PB&J

Baked Beans, Baby Carrots, Diced Strawberries, Apple Juice

15

1. Pizza Sticks w/ Marinara
2. Chicken Sandwich
3. Beef Nacho Salad
4. PB&J

Tater Tots, Cherry Tomatoes, Fresh Apple, Fruit Juice

16

1. Hot Dog
2. Spicy Popcorn Chicken Bowl
3. Tossed Salad w/ Cheese
4. PB&J

Steamed Squash, Sliced Cucumbers, Fresh

17

1. Boneless Chicken Wings & Pretzel Rod
2. Grilled Cheese & Tomato Soup
3. Chicken Chef Salad
4. PB&J

Sweet Potato Fries, Garden Salad, Fresh Banana

18

1. Hamburger
2. Ham & Cheese Melt
3. Fruit & Cheese Plate
4. PB&J

Pinto Campfire Beans, Baby Carrots, Applesauce, Fruit Juice

19

1. Chili Cajun Fries
2. Fish Sticks & Pretzel Rod
3. Popcorn Chicken Salad
4. PB&J

Steamed Broccoli, Red Pepper Strips, Diced Peaches, Apple Juice

22

1. BBQ Pork Sandwich
2. Veggie Burger
3. Ham Chef Salad
4. PB&J

Steamed Corn, Baby Carrots, Fresh Apples, Fruit Juice

23

1. Chicken Patty Sandwich
2. Grilled Ham & Cheese
3. Chicken Caesar Salad
4. PB&J

Steamed Peas/Carrots, Red Pepper Strips, Fresh Orange, 100% Apple Juice

24 Ace's Treat Day!

1. Chef's Choice
2. Roast Pork & Gravy with Whole Grain Roll
3. Italian Salad w/ Ham
4. PB&J

Mashed Potatoes, Fresh Zucchini, Banana, Orange Juice
Mini Rice Krispie Treat

25

No School

26

No School

29

1. Chicken Drumstick
2. Chicken Patty Sandwich
3. Ham Chef Salad
4. PB&J

Mashed Potatoes, Grape Tomatoes, Apple, 100% Fruit Juice

30

1. Cheese Burger
2. Mac N Cheese w/ Bread Stick
3. Spicy Popcorn Chicken Salad
4. PB&J

Fresh Roasted Carrots, Jicama Sticks, Fresh Oranges, 100% Apple Juice

31

1. Country Chicken Bowl
2. Veggie Burger
3. Chicken Caesar Salad
4. PB&J

Steamed Cauliflower, Celery Sticks, Fresh Banana, 100% Orange Juice



Happy October, Students!

Parents – we have positions open. Daytime hours & working only when your student is in school! More info at <http://aramark.aasd.k12.wi.us>



Lunch Accounts: Payments can be made online or by sending cash or check with your student. Lunch: \$2.70, Reduced: \$0.40, Free \$0.00, CEP: \$0.00, Adult: \$3.75.

Milk: 1% White and Skim White are offered daily at breakfast!

Whole Grains: All bread served is whole grain rich!