

High School Breakfast

October 2018



Come try out our breakfast offerings! We are open 7:00 - 10:00 am for breakfast

Every day we offer a Featured Entrée & a Featured Breakfast Sandwich

Daily serve items: Fiesta Egg Sliders Sandwich, Egg & Cheese English Muffin Sandwich, Whole Grain French Toast Sticks, Assorted Cereals with Low-Fat Protein Choices

All breakfast meals come with an entrée, fruit, juice, and a milk!

Monday	Tuesday	Wednesday	Thursday	Friday
1 Spanish Frittata Country Chicken Biscuit Pear, Diced Peaches, Apple Juice	2 Cheesy Ham & Egg Pancake Panini Cheesy Egg Breakfast Burger Apple, Mixed Fruit, Orange Juice	3 Chocolate Crescent Sausage & Cheese English Muffin Orange, Applesauce, Fruit Juice	4 Beef Quesadilla Ham & Cheese Sandwich Banana, Raisins, Apple Juice	5 Biscuit & Gravy Chocolate Oat Breakfast Bar Apple, Diced Pears, Orange Juice
8 Sausage, Egg & Cheese Burrito Sausage & Cheese English Muffin Pear, Diced Peaches, Apple Juice	9 Cheese & Ham Breakfast Roll Chicken & Cheese English Muffin Apple, Mixed Fruit, Orange Juice	10 Late Start Cinni Minnis Egg, Ham & Cheddar Flatbread Orange, Applesauce, Fruit Juice	11 Cheese & Sausage Quesadilla Cheesy Egg Biscuit Banana, Raisins, Apple Juice	12 Denver Frittata with Whole Grain Toast Cheesy Bosco Stick Apple, Diced Pears, Orange Juice
15 Biscuit & Gravy Sausage Egg & Cheese Bagel Pear, Diced Peaches, Apple Juice	16 Huevos Rancheros Burrito Chicken Nugget Wrap Apple, Mixed Fruit, Orange Juice	17 Blueberry Muffin Square Breakfast Pizza Orange, Applesauce, Fruit Juice	18 Cheesy Ham, Egg & Potato Bite Cheesy Egg Breakfast Burger Banana, Raisins, Apple Juice	19 Strawberry Pineapple Smoothie & Elf Grahams Turkey Pancake Wrap Apple, Diced Pears, Orange Juice
22 Waffles & Sryup Cheesy Egg Biscuit Pear, Diced Peaches, Apple Juice	23 Sausage, Egg & Cheese Burrito Egg Bagel Apple, Mixed Fruit, Orange Juice	24 Chef's Choice Sausage & Cheese Biscuit Orange, Applesauce, Fruit Juice	25 No School	26 No School
29 Cheese & Ham Breakfast Roll Cheesy Egg Breakfast Burger Pear, Diced Peaches, Apple Juice	30 Apple Frudel Ham Egg & Cheese Bagel Apple, Mixed Fruit, Orange Juice	31 Cheese & Sausage Quesadilla Turkey Sausage Sandwich Orange, Applesauce, Fruit Juice		

Meal Prices:

Breakfast: \$1.25 Full Pay, \$0.30 Reduced, \$0.00 Free, \$2.00 Adult
 Lunch: \$2.95 Full Pay, \$0.40 Reduced, \$0.00 Free, \$3.75 Adult