

1

Spanish Frittata

Egg & Cheese English Muffin

Fresh Pear, Diced Peaches, 100% Apple Juice

2

Cheesy Ham & Egg Pancake Panini

Fiesta Egg & Cheese Sandwich

Fresh Apple, Mixed Fruit, 100% Orange Juice

3

Egg & Cheese sandwich

Egg & Cheese English Muffin

Fresh Orange Wedges, Applesauce, 100% Fruit Juice

4

Cherry Frudel

Fiesta Egg & Cheese Sandwich

Fresh Banana, Raisins, 100% Apple Juice

5

Chocolate Chip UBR

Fiesta Egg & Cheese Sandwich

Fresh Apple, Diced Pears, 100% Orange Juice

8

Cheesy Sausage & Egg Burrito

Egg & Cheese English Muffin

Fresh Pear, Diced Peaches, 100% Apple Juice

9

Cheese & Ham Breakfast Roll

Fiesta Egg & Cheese Sandwich

Fresh Apple, Mixed Fruit, 100% Orange Juice

10

Late Start Mini Cinnamon Rolls

Egg & Cheese English Muffin

Orange Wedges, Applesauce, 100% Fruit Juice

11

Cheese & Sausage Quesadilla

Fiesta Egg & Cheese Sandwich

Fresh Banana, Raisins, 100% Apple Juice

12

Country Chicken English Muffin

Egg & Cheese English Muffin

Fresh Apple, Diced Pears, 100% Orange Juice

15

Biscuit & Gravy

Fiesta Egg & Cheese Sandwich

Fresh Pear, Diced Peaches, 100% Apple Juice

16

Mini Cinnamon Rolls

Egg & Cheese English Muffin

Fresh Apple, Mixed Fruit, 100% Orange Juice

17

Cherry Frudel

Fiesta Egg & Cheese Sandwich

Orange Wedges, Applesauce, 100% Fruit Juice

18

Breakfast Taco

Egg & Cheese English Muffin

Fresh Banana, Raisins, 100% Apple Juice

19

Strawberry, Pineapple Smoothie & Elf Graham

Fiesta Egg & Cheese Sandwich

Fresh Apple, Diced Pears, 100% Orange Juice

22

Waffles & Syrup

Egg & Cheese English Muffin

Fresh Pear, Diced Peaches, 100% Apple Juice

23

Cheese & Ham Breakfast Roll

Fiesta Egg & Cheese Sandwich

Fresh Apple, Mixed Fruit, 100% Orange Juice

24

Chef's Choice

Egg & Cheese English Muffin

Orange Wedges, Applesauce, 100% Fruit

25

No School

26

No School

29

Egg and Sausage English Muffin

Fiesta Egg & Cheese Sandwich

Fresh Pear, Diced Peaches, 100% Apple Juice

30

Ham, Egg and Cheese Bagel

Egg & Cheese English Muffin

Fresh Apple, Mixed Fruit, 100% Orange Juice

31

Apple Bosco Stick

Fiesta Egg & Cheese Sandwich

Orange Apples, Applesauce, 100% Fruit Juice

Happy October, Students!

Parents – we have positions open! Daytime hours & working only when your student is in school!
More info at <http://aramark.aasd.k12.wi.us>

Lunch Accounts:

Payments can be made online or by sending cash or check with your student.

Breakfast: \$1.25 Reduced: \$0.30, Free \$0.00, CEP: \$0.00

Lunch: \$2.95, Reduced: \$0.40, Free \$0.00, CEP: \$0.00

Adult Breakfast: \$2.00, Adult Lunch: \$3.75

Milk: 1% White and Skim White are offered daily at breakfast!

Whole Grains: All bread served in whole grain rich!