

# Snack Menu

October 2018

1

1. **Chocolate Muffin**  
(1 b/g)
2. **White Milk**  
(8 oz.)

2

1. **Dried Cranberries**  
(f/v)
2. **Cheddar Goldfish**  
(1 b/g)

3

1. **Blueberry Muffin**  
(1 b/g)
2. **String Cheese**  
(1 oz.)

4

1. **Strawberry Nutri-Grain Bar**  
(1 b/g)
2. **Cheddar Cheese Cubes**  
(1 oz.)

5

1. **Apple Slices**  
(1 f/v)
2. **Cheddar Goldfish**  
(1 b/g)

8

1. **Double Chocolate Oatmeal Bar**  
(1 b/g)
2. **White Milk**  
(8 oz.)

9

1. **Heartzel Pretzels**  
(1 b/g)
2. **Dried Cranberries**  
(1 f/v)

10

1. **Apple Cinnamon Muffin**  
(1 b/g)
2. **String Cheese**  
(1 oz.)

11

1. **Apple Slices**  
(1 f/v)
2. **Cheddar Cheese Cubes**  
(1 oz.)

12

1. **Cheddar Goldfish**  
(1 b/g)
2. **Raisins**  
(1 f/v)

15

1. **Banana Muffin**  
(1 b/g)
2. **White Milk**  
(8 oz.)

16

1. **Cheddar Goldfish**  
(1 b/g)
2. **Dried Cranberries**  
(1 f/v)

17

1. **Strawberry Nutri-Grain Bar**  
(1 b/g)
2. **String Cheese**  
(1 oz.)

18

1. **Blueberry Muffin**  
(1 b/g))
2. **Strawberry Banana Yogurt**  
(4 oz.)

19

1. **Raisins**  
(1 f/v)
2. **Cheddar Cheese Cubes**  
(1 oz.)

22

1. **Double Chocolate Oatmeal Bar**  
(1 b/g)
2. **White Milk**  
(8 oz.)

23

1. **Dried Cranberries**  
(1.6 oz.)
2. **Cheddar Cheese Cubes**  
(1 oz.)

24

1. **Apple Cinnamon Muffin**  
(1 b/g)
2. **String Cheese**  
(1 oz.)

25

No School

26

No School

29

1. **Chocolate Muffin**  
(1 b/g)
2. **White Milk**  
(8 oz.)

30

1. **Dried Cranberries**  
(f/v)
2. **Strawberry Banana Yogurt**  
(4 oz.)

31

1. **Strawberry Nutri-Grain Bar**  
(1 b/g)
2. **String Cheese**  
(8 oz.)

Welcome Back, Students!

## After School Snack Regulations:

**Students must take both items to make a snack.**

If you need a new snack due to an allergy, make sure to contact the Food Service office. More information can be found on our website!

