

Snack Menu

September 2018

3

No School – Labor Day

4

1. **Heartzel Pretzels**
(1 b/g)
2. **Dried Cranberries**
(1 f/v)

5

1. **Apple Cinnamon Muffin**
(1 b/g)
2. **String Cheese**
(1 oz.)

6

1. **Apple Slices**
(1 f/v)
2. **Cheddar Cheese Cubes**
(1 oz.)

7

1. **Cheddar Goldfish**
(1 b/g)
2. **Raisins**
(1 f/v)

10

1. **Banana Muffin**
(1 b/g)
2. **White Milk**
(8 oz.)

11

1. **Cheddar Goldfish**
(1 b/g)
2. **Dried Cranberries**
(1 f/v)

12

1. **Strawberry Nutri-Grain Bar**
(1 b/g)
2. **String Cheese**
(1 oz.)

13

1. **Blueberry Muffin**
(1 b/g))
2. **Strawberry Banana Yogurt**
(4 oz.)

14

1. **Raisins**
(1 f/v)
2. **Cheddar Cheese Cubes**
(1 oz.)

17

1. **Double Chocolate Oatmeal Bar**
(1 b/g)
2. **White Milk**
(8 oz.)

18

1. **Dried Cranberries**
(1.6 oz.)
2. **Cheddar Cheese Cubes**
(1 oz.)

19

1. **Apple Cinnamon Muffin**
(1 b/g)
2. **String Cheese**
(1 oz.)

20

1. **Apple Slices**
(1 f/v)
2. **Cheddar Goldfish**
(1 b/g)

21

1. **Celery Sticks**
(1 f/v)
2. **Peanut Butter**
(1 M/MA)

24

1. **Chocolate Muffin**
(1 b/g)
2. **White Milk**
(8 oz.)

25

1. **Dried Cranberries**
(f/v)
2. **Strawberry Banana Yogurt**
(4 oz.)

26

1. **Strawberry Nutri-Grain Bar**
(1 b/g)
2. **String Cheese**
(8 oz.)

27

1. **Apple Slices**
(1 f/v)
2. **Cheddar Cheese Cubes**
(1 oz.)

28

1. **Banana Muffin**
(1 b/g)
2. **Raisins**
(1 f/v)

Welcome Back, Students!

Federal After School Snack Regulations:

It is a requirement that students take both items offered at snack.

If you need a new snack due to an allergy, make sure to contact the Food Service office. More information can be found on our website!

