

# Central Breakfast Menu

April 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p><b>No School</b></p>	<p>3</p> <p><b>Bacon &amp; Egg Muffin Sandwich</b></p> <p><i>Hard Boiled Egg, Toast, Cereal Choices</i></p> <p>Fresh Orange, Mixed Fruit 100% Apple Juice</p>	<p>4</p> <p><b>Ham, Egg &amp; Cheese Bagel</b></p> <p><i>Hard Boiled Egg, Toast, Cereal Choices</i></p> <p>Fresh Apple, Applesauce, 100% Fruit Juice</p>	<p>5</p> <p><b>Egg &amp; Cheese Bagel</b></p> <p><i>Hard Boiled Egg, Toast, Cereal Choices</i></p> <p>Fresh Banana, Raisins, 100% Orange Juice</p>	<p>6</p> <p><b>Blueberry Muffin Square</b></p> <p><i>Hard Boiled Egg, Toast, Cereal Choices</i></p> <p>Fresh Orange, Diced Peaches, 100% Apple Juice</p>
<p>9</p> <p><b>Ham, Egg &amp; Cheese Bagel</b></p> <p><i>Hard Boiled Egg, Toast, Cereal Choices</i></p> <p>Apple, Diced Pears, 100% Orange Juice</p>	<p>10</p> <p><b>Oatmeal &amp; Toast</b></p> <p><i>Hard Boiled Egg, Toast, Cereal Choices</i></p> <p>Fresh Orange, Mixed Fruit 100% Apple Juice</p>	<p>11</p> <p><b>Late Start Chef's Choice</b></p> <p><i>Hard Boiled Egg, Toast, Cereal Choices</i></p> <p>Fresh Apple, Applesauce, 100% Fruit Juice</p>	<p>12</p> <p><b>Cheesy Egg Breakfast Burger</b></p> <p><i>Hard Boiled Egg, Toast, Cereal Choices</i></p> <p>Fresh Banana, Raisins, 100% Orange Juice</p>	<p>13</p> <p><b>Egg, Bacon &amp; Cheddar Flatbread</b></p> <p><i>Hard Boiled Egg, Toast, Cereal Choices</i></p> <p>Fresh Orange, Diced Peaches, 100% Apple Juice</p>
<p>16</p> <p><b>Apple Cinnamon Muffin Square</b></p> <p><i>Hard Boiled Egg, Toast, Cereal Choices</i></p> <p>Apple, Diced Pears, 100% Orange Juice</p>	<p>17</p> <p><b>Oatmeal &amp; Toast</b></p> <p><i>Hard Boiled Egg, Toast, Cereal Choices</i></p> <p>Fresh Orange, Mixed Fruit 100% Apple Juice</p>	<p>18</p> <p><b>Egg &amp; Cheese Muffin Sandwich</b></p> <p><i>Hard Boiled Egg, Toast, Cereal Choices</i></p> <p>Fresh Apple, Applesauce, 100% Fruit Juice</p>	<p>19</p> <p><b>Cheesy Egg Breakfast Burger</b></p> <p><i>Hard Boiled Egg, Toast, Cereal Choices</i></p> <p>Fresh Banana, Raisins, 100% Orange Juice</p>	<p>20</p> <p><b>Grilled Ham &amp; Cheese</b></p> <p><i>Hard Boiled Egg, Toast, Cereal Choices</i></p> <p>Fresh Orange, Diced Peaches, 100% Apple Juice</p>
<p>23</p> <p><b>Cinnamon Raisin Bagel &amp; Cream Cheese</b></p> <p><i>Hard Boiled Egg, Toast, Cereal Choices</i></p> <p>Apple, Diced Pears, 100% Orange Juice</p>	<p>24</p> <p><b>Sausage &amp; Cheese Quesadilla</b></p> <p><i>Hard Boiled Egg, Toast, Cereal Choices</i></p> <p>Fresh Orange, Mixed Fruit 100% Apple Juice</p>	<p>25</p> <p><b>Sausage &amp; Cheese Biscuit</b></p> <p><i>Hard Boiled Egg, Toast, Cereal Choices</i></p> <p>Fresh Apple, Applesauce, 100% Fruit Juice</p>	<p>26</p> <p><b>Blueberry Muffin Square</b></p> <p><i>Hard Boiled Egg, Toast, Cereal Choices</i></p> <p>Fresh Banana, Raisins, 100% Orange Juice</p>	<p>27</p> <p><b>Cheesy Egg Biscuit</b></p> <p><i>Hard Boiled Egg, Toast, Cereal Choices</i></p> <p>Fresh Orange, Diced Peaches, 100% Apple Juice</p>
<p>30</p> <p><b>Apple Cinnamon Muffin Square</b></p> <p><i>Hard Boiled Egg, Toast, Cereal Choices</i></p> <p>Fresh Apple, Diced Pears, 100% Orange Juice</p>				

**Meal Prices:**

Breakfast: \$1.15 Full Pay, \$0.30 Reduced, \$0.00 Free, \$2.00 Adult  
Lunch: \$2.95 Full Pay, \$0.40 Reduced, \$0.00 Free, \$3.75 Adult

# Central Lunch Menu

April 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> <b>No School</b>	<b>3</b> <b>Whole Grain Rotini &amp; Italian Sauce with Chicken</b>  <b>Salad Bar</b> Green Beans, Garden Salad, Fresh Orange Wedges, Apple Juice	<b>4</b> <b>Broccoli &amp; Cheese Baked Potato with WG Roll</b>  <b>Salad Bar</b> Steamed Carrots, Garden Salad, Fresh Banana, Grape Juice	<b>5</b> <b>Buffalo Chicken Artisan Flatbread Pizza</b>  <b>Salad Bar</b> Baked Beans, Garden Salad, Fresh Apple, Orange Juice	<b>6</b> <b>Chicken Sandwich on WG Bun with Chx Noodle Soup</b>  <b>Salad Bar</b> Steamed Broccoli, Garden Salad, Fresh Apple, Fruit Juice
<b>9</b> <b>Soft Chicken Tacos with Mexican Spiced Rice</b>  <b>Salad Bar</b> Steamed Peas, Garden Salad, Fresh Apple, Fruit Juice	<b>10</b> <b>Vegetable Pesto, Cheese, or Pepperoni Pizza</b>  <b>Salad Bar</b> Green Beans, Garden Salad, Fresh Orange Wedges, Apple Juice	<b>11</b> <b>Late Start</b> <b>Baked Whole Grain Macaroni &amp; Cheese</b>  <b>Salad Bar</b> Steamed Carrots, Garden Salad, Fresh Banana, Grape Juice	<b>12</b> <b>Chicken Enchiladas with Rice &amp; Corn Salad</b>  <b>Salad Bar</b> Campfire Chipotle Beans, Garden Salad, Fresh Pear, Orange Juice	<b>13</b> <b>Breaded Fish Melt on Whole Grain Bun</b>  <b>Salad Bar</b> Red Pepper Strips, Garden Salad, Fresh Apple, Dragon Punch Juice
<b>16</b> <b>White Cheese, Sausage &amp; Herb Artisan Flatbread</b>  <b>Salad Bar</b> Sweet Golden Corn, Garden Salad, Fresh Apple, Fruit Juice	<b>17</b> <b>Chicken Burger or Veggie Burger on WG Bun</b>  <b>Salad Bar</b> Green Beans, Red Pepper Strips, Fresh Orange Wedges, Apple Juice	<b>18</b> <b>Roasted Veggie Sub or Ham &amp; Cheese Sub</b>  <b>Salad Bar</b> Mashed Potatoes, Garden Salad, Fresh Banana, Grape Juice	<b>19</b> <b>Spaghetti Carbonara with Peas, Bacon &amp; Chicken</b>  <b>Salad Bar</b> Baked Beans, Garden Salad, Blueberries, Orange Juice	<b>20</b> <b>Teriyaki Chicken Sandwich</b>  <b>Salad Bar</b> Steamed Broccoli, Garden Salad, Fresh Apple, Fruit Juice
<b>23</b> <b>Vegetarian Bean Chili with Whole Grain Roll</b>  <b>Salad Bar</b> Mixed Veggies, Cherry Tomatoes, Fresh Apple, Fruit Juice	<b>24</b> <b>Chef's Choice</b>  <b>Salad Bar</b> Steamed Carrots, Jicama Sticks, Fresh Orange Wedges, Apple Juice	<b>25</b> <b>Vegetable Pesto, Cheese, or Pepperoni Pizza</b>  <b>Salad Bar</b> Potato Wedges, Garden Salad, Fresh Banana, Grape Juice	<b>26</b> <b>Roast Turkey &amp; Gravy with Whole Grain Roll</b>  <b>Salad Bar</b> Mashed Potatoes, Kickin' Pintos, Cantaloupe, Orange Juice	<b>27</b> <b>French Toast Sticks &amp; Cheese Frittata</b>  <b>Salad Bar</b> Steamed Broccoli, Garden Salad, Fresh Apple, Fruit Juice
<b>30</b> <b>Vegetable, Cheese, or Pepperoni Pizza</b>  <b>Salad Bar</b> Warm Cinnamon Apples, Garden Salad, Broccoli Florets, Wango Mango Juice				

**Meal Prices:**

Breakfast: \$1.15 Full Pay, \$0.30 Reduced, \$0.00 Free, \$2.00 Adult  
 Lunch: \$2.85 Full Pay, \$0.40 Reduced, \$0.00 Free, \$3.75 Adult