

High School Lunch

April 2018

HOME ZONE	
<p>Everyday we offer a featured entrée and accompanying sides at our HOME ZONE station.</p>	

EVERYDAY OFFERINGS AT THE GRILL	
	<p>Hamburger, Cheeseburger, Veggie Burger, Chicken Patty, Spicy Chicken Patty, or Grilled Chicken on a Whole Grain Bun Chicken Tenders or 100% White Meat Boneless Wings with a Pretzel Rod Tater Tots or Sweet Potato Fries</p>

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>No School</p>	<p>3</p> <p>Rotini with Italian Meat Sauce & WG Breadstick</p> <p>Bacon Cheeseburger</p> <p>Green Beans, Red Pepper Strips, Fresh Orange, Apple Juice</p>	<p>4</p> <p>Broccoli & Cheese Baked Potato with Roll</p> <p>Chicken Patty Salsa Melt</p> <p>Steamed Carrots, Garden Salad, Fresh Banana, Grape Juice</p>	<p>5</p> <p>Turkey & Gravy with Traditional Stuffing</p> <p>Jalapeno Cheeseburger</p> <p>Baked Beans, Celery Sticks, Fresh Grape, Orange Juice</p>	<p>6</p> <p>General Tso's Popcorn Chicken & Rice</p> <p>Pizza Burger</p> <p>Steamed Broccoli, Baby Carrots, Diced Peaches, Fruit Juice</p>
<p>9</p> <p>Meatloaf with Gravy and Italian Flatbread</p> <p>California Ranch Chicken Sandwich</p> <p>Mashed Potatoes with Gravy, Cherry Tomatoes, Fresh Apple, Fruit Juice</p>	<p>10</p> <p>Popcorn Chicken Bowl with Dinner Roll</p> <p>Cajun Cheeseburger</p> <p>Green Beans, Cucumber Slices, Fresh Orange, Apple Juice</p>	<p>11</p> <p>Late Start</p> <p>Cheesy Penne with WG Breadstick</p> <p>BBQ Cheeseburger</p> <p>Steamed Carrots, Celery Sticks, Fresh Banana, Grape Juice</p>	<p>12</p> <p>Pancakes with Cinnamon Apples and Sausage Patties</p> <p>Buffalo Chicken Patty</p> <p>Baked Beans, Baby Carrots, Blueberries, Orange Juice</p>	<p>13</p> <p>Cheeseburger Rolletto</p> <p>Breaded Fish Melt</p> <p>Steamed Broccoli, Red Pepper Strips, Applesauce, Fruit Juice</p>
<p>16</p> <p>Pizza Sticks with Marinara Sauce</p> <p>BBQ Chicken Melt</p> <p>Sweet Golden Corn, Broccoli Florets, Fresh Apple, Fruit Juice</p>	<p>17</p> <p>Chicken & Waffles</p> <p>Crispy Srirachan Burger</p> <p>Green Beans, Red Pepper Strips, Fresh Orange Wedges, Apple Juice</p>	<p>18</p> <p>Orange Popcorn Chicken & Broccoli with Egg Fried Rice</p> <p>BBQ Cheeseburger</p> <p>Steamed Carrots, Garden Salad, Fresh Banana, Grape Juice</p>	<p>19</p> <p>Spaghetti Carbonara with Chicken & Bacon</p> <p>BBQ Pulled Pork Sandwich</p> <p>Baked Beans, Celery Sticks, Fresh Pear, Orange Juice</p>	<p>20</p> <p>Cajun Chili & Whole Grain Roll</p> <p>BBQ Riblet Sandwich</p> <p>Steamed Broccoli, Garden Salad, Diced Pears, Fruit Juice</p>
<p>23</p> <p>Salisbury Steak and Gravy with Egg Noodles</p> <p>Cajun Cheeseburger</p> <p>Mixed Veggies, Cherry Tomatoes, Fresh Apple, Fruit Juice</p>	<p>24</p> <p>Chef's Choice</p> <p>Crispy Srirachan Burger</p> <p>Steamed Carrots, Jicama Sticks, Fresh Orange, Apple Juice</p>	<p>25</p> <p>Beef Chili Mac & Whole Grain Breadstick</p> <p>Grilled Ham & Cheese</p> <p>Kickin' Pintos, Celery Sticks, Fresh Banana, Grape Juice</p>	<p>26</p> <p>Roast Pork & Gravy with WG Roll</p> <p>Chicken Bruschetta Melt</p> <p>Mashed Potatoes with Gravy, Baby Carrots, Cantaloupe, Orange Juice</p>	<p>27</p> <p>French Toast Sticks & Cheese Omelet</p> <p>Pesto Cheeseburger</p> <p>Steamed Broccoli, Garden Salad, Mandarin Oranges, Fruit Juice</p>
<p>30</p> <p>Grilled Cheese with Tomato Soup</p> <p>California Ranch Chicken Sandwich</p> <p>Sweet Golden Corn, Fresh Broccoli Florets, Fresh Apple, Fruit Juice</p>				

Meal Prices:
 Breakfast: \$1.15 Full Pay, \$0.30 Reduced, \$0.00 Free, \$2.00 Adult
 Lunch: \$2.95 Full Pay, \$0.40 Reduced, \$0.00 Free, \$3.75 Adult

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EVERYDAY OFFERINGS – MAKE YOUR OWN!

PICK A BREAD

Sub Roll, Cheddar Roll, Whole Grain Wrap, Whole Grain Flatbread

GET SOME PROTEIN

Ham, Turkey, Chicken Salad, Tuna Salad, Hummus

CHEESE

American, Cheddar, Provolone

CUSTOMIZE

Lettuce, Tomato, Onion, Cucumber Slices, Green Pepper Strips, Black Olives, Pickles, Banana Peppers, Jalapenos

ADD A SPREAD

Mayo, Yellow Mustard, Honey Mustard, Ranch Dressing, Sriracha Mayo



EVERYDAY OFFERINGS

Cheese & Pepperoni Pizza on Whole Grain Crust

Made-To-Order Pasta:
Pasta, Meatballs, Diced Chicken, Spaghetti Sauce, Alfredo Sauce

Monday	Tuesday	Wednesday	Thursday	Friday
2 No School	3 Chicken Parmesan Pizza	4 Buffalo Chicken Flatbread	5 Bruschetta Chicken Flatbread	6 Vegetable Pizza
9 White Cheese & Sausage Flatbread	10 Meat Lover's Pizza	11 Late Start Stuffed Crust Cheese Pizza	12 Sausage Pizza	13 White Cheese & Tomato Flatbread
16 Sausage Pizza	17 Florentine Chicken Flatbread	18 Mexican Pizza	19 Meat Lover's Pizza	20 Vegetable Pizza
23 Meat Lover's Pizza	24 Spicy Pepperoni Flatbread	25 Bruschetta Pizza	26 Vegetable Pizza	27 Buffalo Chicken Flatbread
30 Alfredo Chicken & Spinach Flatbread				



EVERYDAY OFFERINGS – MAKE YOUR OWN!

STARTERS

Nachos, Tacos, Burrito, Bowl (Rice)

GET SOME PROTEIN (Pick 2)

Seasoned Chicken, Beef, Melted Cheese Sauce, Shredded Cheese

CUSTOMIZE

Rice, Beans, Lettuce, Tomato, Onion, Black Olives, Sliced Jalapeno, Sour Cream

TOP IT OFF

Classic Salsa, Salsa Verde, Pico de Gallo