

Central Breakfast Menu

February 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Cheesy Egg Breakfast Burger <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Banana, Raisins, 100% Orange Juice	2 Egg, Bacon & Cheddar Flatbread <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Orange, Diced Peaches, 100% Apple Juice
5 Apple Cinnamon Muffin Square <i>Hard Boiled Egg, Toast, Cereal Choices</i> Apple, Diced Pears, 100% Orange Juice	6 Oatmeal & Toast <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Orange, Mixed Fruit 100% Apple Juice	7 Egg & Cheese Muffin Sandwich <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Apple, Applesauce, 100% Fruit Juice	8 Cheesy Egg Breakfast Burger <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Banana, Raisins, 100% Orange Juice	9 Grilled Ham & Cheese <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Orange, Diced Peaches, 100% Apple Juice
12 Cinnamon Raisin Bagel & Cream Cheese <i>Hard Boiled Egg, Toast, Cereal Choices</i> Apple, Diced Pears, 100% Orange Juice	13 Sausage & Cheese Quesadilla <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Orange, Mixed Fruit 100% Apple Juice	14 Late Start Chef's Choice <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Apple, Applesauce, 100% Fruit Juice	15 Blueberry Muffin Square <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Banana, Raisins, 100% Orange Juice	16 No School
19 No School	20 Cheesy Egg Breakfast Burger <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Orange, Mixed Fruit 100% Apple Juice	21 Oatmeal & Toast <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Apple, Applesauce, 100% Fruit Juice	22 Cheese & Chicken Ham Breakfast Roll <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Banana, Raisins, 100% Orange Juice	23 Cheesy Ham Biscuit <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Orange, Diced Peaches, 100% Apple Juice
26 Oatmeal & Toast <i>Hard Boiled Egg, Toast, Cereal Choices</i> Apple, Diced Pears, 100% Orange Juice	27 Bacon & Egg Muffin Sandwich <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Orange, Mixed Fruit 100% Apple Juice	28 Ham, Egg & Cheese Bagel <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Apple, Applesauce, 100% Fruit Juice		

Meal Prices:

Breakfast: \$1.15 Full Pay, \$0.30 Reduced, \$0.00 Free, \$2.00 Adult
 Lunch: \$2.95 Full Pay, \$0.40 Reduced, \$0.00 Free, \$3.75 Adult

Central Lunch Menu

February 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Chicken Enchiladas with Rice & Corn Salad Salad Bar Campfire Chipotle Beans, Garden Salad, Fresh Pear, Orange Juice	2 Breaded Fish Melt on Whole Grain Bun Salad Bar Red Pepper Strips, Garden Salad, Fresh Apple, Dragon Punch Juice
5 White Cheese, Sausage & Herb Artisan Flatbread Salad Bar Sweet Golden Corn, Garden Salad, Fresh Apple, Fruit Juice	6 Chicken Burger or Veggie Burger on WG Bun Salad Bar Green Beans, Red Pepper Strips, Fresh Orange Wedges, Apple Juice	7 Roasted Veggie Sub or Ham & Cheese Sub Salad Bar Mashed Potatoes, Garden Salad, Fresh Banana, Grape Juice	8 Spaghetti Carbonara with Peas, Bacon & Chicken Salad Bar Baked Beans, Garden Salad, Blueberries, Orange Juice	9 Teriyaki Chicken Sandwich Salad Bar Steamed Broccoli, Garden Salad, Fresh Apple, Fruit Juice
12 Vegetarian Bean Chili with Whole Grain Roll Salad Bar Mixed Veggies, Cherry Tomatoes, Fresh Apple, Fruit Juice	13 Chipotle BBQ Chicken Flatbread Salad Bar Steamed Carrots, Jicama Sticks, Fresh Orange Wedges, Apple Juice	14 Late Start Vegetable Pesto, Cheese, or Pepperoni Pizza Salad Bar Potato Wedges, Garden Salad, Rosy Applesauce, Fresh Banana,	15 Roast Turkey & Gravy with Whole Grain Roll Salad Bar Mashed Potatoes, Kickin' Pintos, Cantaloupe, Orange Juice	16 No School
19 No School	20 Chef's Choice Salad Bar Potato Wedges or Sweet Potato Fries, Garden Salad, Fresh Apple, Apple Juice	21 Chicken Pot Pie with Whole Grain Biscuit Salad Bar Steamed Carrots, Garden Salad, Fresh Banana, Grape Juice	22 Chicken Fajitas in Whole Grain Tortilla Salad Bar Chipotle BBQ Black Beans, Garden Salad, Fresh Orange Wedges, Orange Juice	23 Sweet & Sour Chicken with Vegetarian "Fried" Rice Salad Bar Steamed Broccoli, Garden Salad, Fresh Apple, Fruit Juice
26 Oven Roasted Chicken Drumstick with WG Roll Salad Bar Mashed Potatoes, Garden Salad, Fresh Apple, Fruit Juice	27 Whole Grain Rotini & Italian Sauce with Chicken Salad Bar Green Beans, Garden Salad, Fresh Orange Wedges, Apple Juice	28 Broccoli & Cheese Baked Potato with WG Roll Salad Bar Steamed Carrots, Garden Salad, Fresh Banana, Grape Juice		

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 Lunch: \$2.85 Full Pay, \$0.40 Reduced, \$0.00 Free, \$3.75 Adult