

High School Lunch

February 2018

HOME ZONE	
<p>Everyday we offer a featured entrée and accompanying sides at our HOME ZONE station.</p>	

EVERYDAY OFFERINGS AT THE GRILL	
	<p>Hamburger, Cheeseburger, Veggie Burger, Chicken Patty, Spicy Chicken Patty, or Grilled Chicken on a Whole Grain Bun Chicken Tenders or 100% White Meat Boneless Wings with a Pretzel Rod Potato Choices</p>

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Pancakes with Cinnamon Apples and Sausage Patties Buffalo Chicken Patty Baked Beans, Baby Carrots, Blueberries, Orange Juice	2 Super Bowl Friday! Cheeseburger Rolletto Breaded Fish Melt Steamed Broccoli, Red Pepper Strips, Applesauce, Fruit Juice
5 Pizza Sticks with Marinara Sauce BBQ Chicken Melt Sweet Golden Corn, Broccoli Florets, Fresh Apple, Fruit Juice	6 Chicken & Waffles Crispy Srirachan Burger Green Beans, Red Pepper Strips, Fresh Orange Wedges, Apple Juice	7 Orange Popcorn Chicken & Broccoli with Egg Fried Rice BBQ Cheeseburger Steamed Carrots, Garden Salad, Fresh Banana, Grape Juice	8 Spaghetti Carbonara with Chicken & Bacon BBQ Pulled Pork Sandwich Baked Beans, Celery Sticks, Fresh Pear, Orange Juice	9 Cajun Chili & Whole Grain Roll BBQ Riblet Sandwich Steamed Broccoli, Garden Salad, Diced Pears, Fruit Juice
12 Salisbury Steak and Gravy with Egg Noodles Cajun Cheeseburger Mixed Veggies, Cherry Tomatoes, Fresh Apple, Fruit Juice	13 Country Chicken Nugget Bowl & Whole Grain Roll Crispy Srirachan Burger Steamed Carrots, Jicama Sticks, Fresh Orange, Apple Juice	14 Late Start Beef Chili Mac & Whole Grain Breadstick Grilled Ham & Cheese Kickin' Pintos, Celery Sticks, Rosy Applesauce, Banana, Grape Juice	15 Roast Pork & Gravy with WG Roll Chicken Bruschetta Melt Mashed Potatoes with Gravy, Baby Carrots, Cantaloupe, Orange Juice	16 No School
19 No School	20 Chef's Choice Taco Cheeseburger Green Beans, Red Pepper Strips, Orange, Apple Juice	21 Chicken Pot Pie Bacon Cheeseburger Steamed Carrots, Garden Salad, Fresh Banana, Grape Juice	22 Chicken Fajitas with Mexican Rice Chicken Teriyaki Sandwich Black Charro Beans, Celery Sticks, Fresh Grapes, Orange Juice	23 Sweet & Sour Popcorn Chicken with Fried Rice Pizza Burger Steamed Broccoli, Cucumber Slices, Mixed Fruit, Fruit Juice
26 Chicken Drumstick & Whole Grain Dinner Roll Crispy Srirachan Burger Mashed Potatoes with Gravy, Broccoli Florets, Fresh Apple, Fruit Juice	27 Rotini with Italian Meat Sauce & WG Breadstick Bacon Cheeseburger Green Beans, Red Pepper Strips, Fresh Orange, Apple Juice	28 Broccoli & Cheese Baked Potato with Roll Chicken Patty Salsa Melt Steamed Carrots, Garden Salad, Fresh Banana, Grape Juice		

Meal Prices:

Breakfast: \$1.15 Full Pay, \$0.30 Reduced, \$0.00 Free, \$2.00 Adult
 Lunch: \$2.95 Full Pay, \$0.40 Reduced, \$0.00 Free, \$3.75 Adult

Menus are subject to change without notice.

This institution is an equal opportunity provider.

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EVERYDAY OFFERINGS – MAKE YOUR OWN!

PICK A BREAD

Sub Roll, Cheddar Roll, Whole Grain Wrap, Whole Grain Flatbread

GET SOME PROTEIN

Ham, Turkey, Chicken Salad, Tuna Salad, Hummus

CHEESE

American, Cheddar, Provolone

CUSTOMIZE

Lettuce, Tomato, Onion, Cucumber Slices, Green Pepper Strips, Black Olives, Pickles, Banana Peppers, Jalapenos

ADD A SPREAD

Mayo, Yellow Mustard, Honey Mustard, Ranch Dressing, Sriracha Mayo



EVERYDAY OFFERINGS

Cheese & Pepperoni Pizza on Whole Grain Crust

Made-To-Order Pasta:
Pasta, Meatballs, Diced Chicken, Spaghetti Sauce, Alfredo Sauce

Monday	Tuesday	Wednesday	Thursday	Friday
1 Happy New Year!	2 Florentine Chicken Flatbread	3 Mexican Pizza	4 Meat Lover's Pizza	5 Vegetable Pizza
8 Meat Lover's Pizza	9 Spicy Pepperoni Flatbread	10 Bruschetta Pizza	11 Vegetable Pizza	12 Buffalo Chicken Flatbread
15 Alfredo Chicken & Spinach Flatbread	16 Sausage Pizza	17 Meat Lover's Pizza	18 Spicy Chicken Pizza	19 Stuffed Crust Cheese Pizza
22 No School	23 Chicken Parmesan Pizza	24 Buffalo Chicken Flatbread	25 Bruschetta Chicken Flatbread	26 Vegetable Pizza
29 White Cheese & Sausage Flatbread	30 Meat Lover's Pizza	31 Stuffed Crust Cheese Pizza		



EVERYDAY OFFERINGS – MAKE YOUR OWN!

STARTERS

Nachos, Tacos, Burrito, Bowl (Rice)

GET SOME PROTEIN (Pick 2)

Seasoned Chicken, Beef, Melted Cheese Sauce, Shredded Cheese

CUSTOMIZE

Rice, Beans, Lettuce, Tomato, Onion, Black Olives, Sliced Jalapeno, Sour Cream

TOP IT OFF

Classic Salsa, Salsa Verde, Pico de Gallo