



Appleton Public Montessori Lunch Menu

January 2018

1
No School – Winter Break

2
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3
1. Beef Tacos
2. Spicy Chicken Patty Sandwich
3. Fruit & Cheese Plate
4. PB&J
Steamed Carrots, Celery Sticks, Fresh Banana, 100% Grape Juice

4
1. Boneless Chicken Wings & Pretzel Rod
2. Grilled Ham & Cheese Sandwich
3. Popcorn Chicken Salad
4. PB&J
Baked Beans, Cucumber Slices, Fresh Pears, 100% Orange Juice

5
5. Pepperoni Pizza
6. Fish Sticks & Pretzel Rod
7. Ham Chef Salad
8. PB&J
Steamed Broccoli, Side Salad, Diced Peaches, 100% Fruit Juice

8
1. Chicken Patty Sandwich
2. Salisbury Steak & Gravy
3. Italian Ham Salad
4. PB&J
Mashed Potatoes & Gravy, Grape Tomatoes, Apple, 100% Fruit Juice

9
Beef Nachos with Mexican Rice
1. Tuna Salad Sub
2. All-American Chef Salad
3. PB&J
Black Charro Beans, Jicama Sticks, Fresh Oranges, 100% Apple Juice


10
1. Chicken Tenders & Pretzel Rod
2. Turkey & Cheese Melt
3. Fruit & Cheese Plate
4. PB&J
Steamed Peas, Baby Carrots, Fresh Banana, 100% Grape Juice

11
1. Cheeseburger
2. Roast Pork & Gravy with Whole Grain Roll
3. Popcorn Chicken Salad
4. PB&J
Steamed Carrots, Celery Sticks, Cantaloupe, 100% Orange Juice

12
1. Cheese Pizza
2. Grilled Chicken Sandwich
3. Ham Chef Salad
4. PB&J
Steamed Broccoli, Cucumber Slices, Mandarin Oranges, 100% Fruit Juice

15
1. Pancakes & Sausage Patties
2. Veggie Burger on WG Bun
3. Italian Ham Salad
4. PB&J
Cinnamon Apples, Broccoli Florets, Fresh Apples, Wango Mango Juice

16
1. Chicken Nuggets & Pretzel Rod
2. Ham & Cheese Sub
3. All-American Chef Salad
4. PB&J
Steamed Green Beans, Red Pepper Strips, Fresh Orange, 100% Apple Juice

17

1. Hot Dog on WG Bun
2. Chicken Pot Pie
3. Fruit & Cheese Plate
4. PB&J
Steamed Carrots, Side Salad, Fresh Banana, 100% Grape Juice

18
1. Popcorn Chicken & Pretzel Rod.
2. Grilled Chicken Sandwich on WG Bun
3. Popcorn Chicken Salad
4. PB&J
Black Charro Beans, Celery Sticks, Fresh Grapes, 100% Orange

19
1. Chef's Choice
2. Hamburger
3. Ham Chef Salad
4. PB&J
Steamed Broccoli, Side Salad, Diced Peaches, 100% Fruit Juice

22
1. Chicken Drumstick & Whole Grain Roll
2. Veggie Burger
3. Italian Ham Salad
4. PB&J
Mashed Potatoes & Gravy, Fresh Broccoli Florets, Fresh Apple, 100% Fruit Juice

23
1. Grilled Cheese & Tomato Soup
2. Turkey & Cheese Sub
3. All-American Chef Salad
4. PB&J
Steamed Green Beans, Red Pepper Strips, Fresh Orange, 100% Apple Juice

24
1. French Toast Sticks & Cheese Omelet
2. Broccoli Cheese Baked Potato & Pretzel Rod
3. Fruit & Cheese Plate
4. PB&J
Steamed Broccoli, Baby Carrots, Fresh Banana, 100% Grape Juice

25
1. Cheeseburger
2. Turkey & Gravy with WG Roll
3. Popcorn Chicken Salad
4. PB&J
Baked Beans, Celery Sticks, Fresh Grapes, 100% Orange Juice

26
1. Pepperoni Pizza
2. Fish Melt Sandwich
3. Ham Chef Salad
4. PB&J
Steamed Carrots, Side Salad, Strawberries, 100% Fruit Juice

29
1. Chicken Patty Sandwich
2. Meatloaf & Gravy with WG Roll
3. Italian Ham Salad
4. PB&J
Tater Tots, Cherry Tomatoes, Fresh Apple, 100% Fruit Juice

30
1. Popcorn Chicken Bowl & Pretzel Rod
2. Ham & Cheese Sub
3. All-American Chef Salad
4. PB&J
Cucumber Slices, Side Salad, Fresh Orange, 100% Apple Juice

31
Ace's Treat Day!
1. Hot Dog on WG Bun
2. Mac & Cheese with Pretzel Rod
3. Fruit & Cheese Plate
4. PB&J
Steamed Carrots, Celery Sticks, Fresh Banana, 100% Grape Juice
Mini Rice Krispie Treat



Hey students! Join me on Ace's Treat Day for a special treat!

Welcome Back, Students!

Parents – we have positions open. Daytime hours & working only when your student is in school! More info at <http://aramark.aasd.k12.wi.us>



Lunch Accounts: Payments can be made online or by sending cash or check with your student. Lunch: \$2.70, Reduced: \$0.40, Free \$0.00, CEP: \$0.00, Adult: \$3.75

Milk: 1% White, Skim White, and Skim Chocolate are offered daily!

Whole Grains: All bread served is whole grain rich!