

Central Breakfast Menu

January 2018

Monday	Tuesday	Wednesday	Thursday	Friday
1 Happy New Year!	2 Oatmeal & Toast <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Orange, Mixed Fruit 100% Apple Juice	3 Egg & Cheese Muffin Sandwich <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Apple, Applesauce, 100% Fruit Juice	4 Cheesy Egg Breakfast Burger <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Banana, Raisins, 100% Orange Juice	5 Grilled Ham & Cheese <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Orange, Diced Peaches, 100% Apple Juice
8 Cinnamon Raisin Bagel & Cream Cheese <i>Hard Boiled Egg, Toast, Cereal Choices</i> Apple, Diced Pears, 100% Orange Juice	9 Sausage & Cheese Quesadilla <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Orange, Mixed Fruit 100% Apple Juice	10 Late Start Chef's Choice <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Apple, Applesauce, 100% Fruit Juice	11 Blueberry Muffin Square <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Banana, Raisins, 100% Orange Juice	12 Cheesy Egg Biscuit <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Orange, Diced Peaches, 100% Apple Juice
15 Apple Cinnamon Muffin Square <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Apple, Diced Pears, 100% Orange Juice	16 Cheesy Egg Breakfast Burger <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Orange, Mixed Fruit 100% Apple Juice	17 Oatmeal & Toast <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Apple, Applesauce, 100% Fruit Juice	18 Cheese & Chicken Ham Breakfast Roll <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Banana, Raisins, 100% Orange Juice	19 Cheesy Ham Biscuit <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Orange, Diced Peaches, 100% Apple Juice
22 No School	23 Bacon & Egg Muffin Sandwich <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Orange, Mixed Fruit 100% Apple Juice	24 Ham, Egg & Cheese Bagel <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Apple, Applesauce, 100% Fruit Juice	25 Egg & Cheese Bagel <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Banana, Raisins, 100% Orange Juice	26 Blueberry Muffin Square <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Orange, Diced Peaches, 100% Apple Juice
29 Ham, Egg & Cheese Bagel <i>Hard Boiled Egg, Toast, Cereal Choices</i> Apple, Diced Pears, 100% Orange Juice	30 Oatmeal & Toast <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Orange, Mixed Fruit 100% Apple Juice	31 Egg & Cheese Bagel <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Apple, Applesauce, 100% Fruit Juice		

Meal Prices:

Breakfast: \$1.15 Full Pay, \$0.30 Reduced, \$0.00 Free, \$2.00 Adult
 Lunch: \$2.95 Full Pay, \$0.40 Reduced, \$0.00 Free, \$3.75 Adult

Central Lunch Menu

January 2018

Monday	Tuesday	Wednesday	Thursday	Friday
1 Happy New Year!	2 Chicken Burger or Veggie Burger on WG Bun Salad Bar Green Beans, Red Pepper Strips, Fresh Orange Wedges, Apple Juice	3 Roasted Veggie Sub or Ham & Cheese Sub Salad Bar Mashed Potatoes, Garden Salad, Fresh Banana, Grape Juice	4 Spaghetti Carbonara with Peas, Bacon & Chicken Salad Bar Baked Beans, Garden Salad, Blueberries, Orange Juice	5 Teriyaki Chicken Sandwich Salad Bar Steamed Broccoli, Garden Salad, Fresh Apple, Fruit Juice
8 Vegetarian Bean Chili with Whole Grain Roll Salad Bar Mixed Veggies, Cherry Tomatoes, Fresh Apple, Fruit Juice	9 Chipotle BBQ Chicken Flatbread Salad Bar Steamed Carrots, Jicama Sticks, Fresh Orange Wedges, Apple Juice	10 Late Start Vegetable Pesto, Cheese, or Pepperoni Pizza Salad Bar Potato Wedges, Garden Salad, Fresh Banana, Grape Juice	11 Roast Turkey & Gravy with Whole Grain Roll Salad Bar Mashed Potatoes, Kickin' Pintos, Cantaloupe, Orange Juice	12 French Toast Sticks & Cheese Frittata Salad Bar Steamed Broccoli, Garden Salad, Fresh Apple, Fruit Juice
15 Vegetable, Cheese, or Pepperoni Pizza Salad Bar Warm Cinnamon Apples, Garden Salad, Broccoli Florets, Wango Mango	16 Chicken Burger or Veggie Burger Salad Bar Potato Wedges or Sweet Potato Fries, Garden Salad, Fresh Apple, Apple Juice	17 Chicken Pot Pie with Whole Grain Biscuit Salad Bar Steamed Carrots, Garden Salad, Fresh Banana, Grape Juice	18 Chicken Fajitas in Whole Grain Tortilla Salad Bar Chipotle BBQ Black Beans, Garden Salad, Fresh Orange Wedges, Orange Juice	19 Chef's Choice Salad Bar Steamed Broccoli, Garden Salad, Fresh Apple, Fruit Juice
22 No School	23 Whole Grain Rotini & Italian Sauce with Chicken Salad Bar Green Beans, Garden Salad, Fresh Orange Wedges, Apple Juice	24 Broccoli & Cheese Baked Potato with WG Roll Salad Bar Steamed Carrots, Garden Salad, Fresh Banana, Grape Juice	25 Buffalo Chicken Artisan Flatbread Pizza Salad Bar Baked Beans, Garden Salad, Fresh Apple, Orange Juice	26 Chicken Sandwich on WG Bun with Chx Noodle Soup Salad Bar Steamed Broccoli, Garden Salad, Fresh Apple, Fruit Juice
29 Soft Chicken Tacos with Mexican Spiced Rice Salad Bar Steamed Peas, Garden Salad, Fresh Apple, Fruit Juice	30 Vegetable Pesto, Cheese, or Pepperoni Pizza Salad Bar Green Beans, Garden Salad, Fresh Orange Wedges, Apple Juice	31 Baked Whole Grain Macaroni & Cheese Salad Bar Steamed Carrots, Garden Salad, Fresh Banana, Grape Juice		

Meal Prices:

Breakfast: \$1.15 Full Pay, \$0.30 Reduced, \$0.00 Free, \$2.00 Adult
 Lunch: \$2.85 Full Pay, \$0.40 Reduced, \$0.00 Free, \$3.75 Adult