

# High School Lunch

March 2018



HOME ZONE	
<p>Everyday we offer a featured entrée and accompanying sides at our HOME ZONE station.</p>	

EVERYDAY OFFERINGS AT THE GRILL	
	<p>Hamburger, Cheeseburger, Veggie Burger, Chicken Patty, Spicy Chicken Patty, or Grilled Chicken on a Whole Grain Bun Chicken Tenders or 100% White Meat Boneless Wings with a Pretzel Rod Potato Choices</p>

Monday	Tuesday	Wednesday	Thursday	Friday
			<p><b>1</b></p> <p><b>Turkey &amp; Gravy with Traditional Stuffing Jalapeno Cheeseburger</b> Baked Beans, Celery Sticks, Fresh Grape, Orange Juice</p>	<p><b>2</b></p> <p><b>General Tso's Popcorn Chicken &amp; Rice</b> <b>Pizza Burger</b> Steamed Broccoli, Baby Carrots, Diced Peaches, Fruit Juice</p>
<p><b>5</b></p> <p><b>Meatloaf with Gravy and Italian Flatbread</b> <b>California Ranch Chicken Sandwich</b> Mashed Potatoes with Gravy, Cherry Tomatoes, Fresh Apple, Fruit Juice</p>	<p><b>6</b></p> <p><b>Popcorn Chicken Bowl with Dinner Roll</b> <b>Cajun Cheeseburger</b> Green Beans, Cucumber Slices, Fresh Orange, Apple Juice</p>	<p><b>7</b></p> <p><b>Cheesy Penne with WG Breadstick</b> <b>BBQ Cheeseburger</b> Steamed Carrots, Celery Sticks, Fresh Banana, Grape Juice</p>	<p><b>8</b></p> <p><b>Pancakes with Cinnamon Apples and Sausage Patties</b> <b>Buffalo Chicken Patty</b> Baked Beans, Baby Carrots, Blueberries, Orange Juice</p>	<p><b>9</b></p> <p><b>Cheeseburger Rolletto</b> <b>Breaded Fish Melt</b> Steamed Broccoli, Red Pepper Strips, Applesauce, Fruit Juice</p>
<p><b>12</b></p> <p><b>Pizza Sticks with Marinara Sauce</b> <b>BBQ Chicken Melt</b> Sweet Golden Corn, Broccoli Florets, Fresh Apple, Fruit Juice</p>	<p><b>13</b></p> <p><b>Chicken &amp; Waffles</b> <b>Crispy Srirachan Burger</b> Green Beans, Red Pepper Strips, Fresh Orange Wedges, Apple Juice</p>	<p><b>14</b></p> <p><b>Late Start</b> <b>Orange Popcorn Chicken &amp; Broccoli with Egg Fried Rice</b> <b>BBQ Cheeseburger</b> Steamed Carrots, Garden Salad, Fresh Banana, Grape Juice</p>	<p><b>15</b></p> <p><b>Spaghetti Carbonara with Chicken &amp; Bacon</b> <b>BBQ Pulled Pork Sandwich</b> Baked Beans, Celery Sticks, Fresh Pear, Orange Juice</p>	<p><b>16</b></p> <p><b>Cajun Chili &amp; Whole Grain Roll</b> <b>BBQ Riblet Sandwich</b> Steamed Broccoli, Garden Salad, Diced Pears, Fruit Juice</p>
<p><b>19</b></p> <p><b>Salisbury Steak and Gravy with Egg Noodles</b> <b>Cajun Cheeseburger</b> Mixed Veggies, Cherry Tomatoes, Fresh Apple, Fruit Juice</p>	<p><b>20</b></p> <p><b>Country Chicken Nugget Bowl &amp; Whole Grain Roll</b> <b>Crispy Srirachan Burger</b> Steamed Carrots, Jicama Sticks, Fresh Orange, Apple Juice</p>	<p><b>21</b></p> <p><b>Roast Pork &amp; Gravy with WG Roll</b> <b>Chicken Bruschetta Melt</b> Mashed Potatoes with Gravy, Baby Carrots, Cantaloupe, Orange Juice</p>	<p><b>22</b></p> <p><b>Chef's Choice</b> <b>Grilled Ham &amp; Cheese</b> Kickin' Pintos, Celery Sticks, Fresh Banana, Grape Juice</p>	<p><b>23</b></p> <p><b>No School</b></p>
<p><b>26</b></p> <p><b>No School</b> <b>Spring Break</b></p>	<p><b>27</b></p> <p><b>No School</b> <b>Spring Break</b></p>	<p><b>28</b></p> <p><b>No School</b> <b>Spring Break</b></p>	<p><b>29</b></p> <p><b>No School</b> <b>Spring Break</b></p>	<p><b>30</b></p> <p><b>No School</b> <b>Spring Break</b></p>

### Meal Prices:

Breakfast: \$1.15 Full Pay, \$0.30 Reduced, \$0.00 Free, \$2.00 Adult  
Lunch: \$2.95 Full Pay, \$0.40 Reduced, \$0.00 Free, \$3.75 Adult

Menus are subject to change without notice.

This institution is an equal opportunity provider.

# High School Lunch

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## EVERYDAY OFFERINGS – MAKE YOUR OWN!

### PICK A BREAD

Sub Roll, Cheddar Roll, Whole Grain Wrap, Whole Grain Flatbread

### GET SOME PROTEIN

Ham, Turkey, Chicken Salad, Tuna Salad, Hummus

### CHEESE

American, Cheddar, Provolone

### CUSTOMIZE

Lettuce, Tomato, Onion, Cucumber Slices, Green Pepper Strips, Black Olives, Pickles, Banana Peppers, Jalapenos

### ADD A SPREAD

Mayo, Yellow Mustard, Honey Mustard, Ranch Dressing, Sriracha Mayo



## EVERYDAY OFFERINGS

Cheese & Pepperoni Pizza on Whole Grain Crust

Made-To-Order Pasta:  
Pasta, Meatballs, Diced Chicken, Spaghetti Sauce, Alfredo Sauce

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Bruschetta Chicken Flatbread	2 Vegetable Pizza
5 White Cheese & Sausage Flatbread	6 Meat Lover's Pizza	7 Stuffed Crust Cheese Pizza	8 Sausage Pizza	9 White Cheese & Tomato Flatbread
12 Sausage Pizza	13 Florentine Chicken Flatbread	14 <b>Late Start</b> Mexican Pizza	15 Meat Lover's Pizza	16 Vegetable Pizza
19 Meat Lover's Pizza	20 Spicy Pepperoni Flatbread	21 Bruschetta Pizza	22 Vegetable Pizza	23 <b>No School</b>
26 <b>No School</b>	27 <b>No School</b>	28 <b>No School</b>	29 <b>No School</b>	30 <b>No School</b>



## EVERYDAY OFFERINGS – MAKE YOUR OWN!

### STARTERS

Nachos, Tacos, Burrito, Bowl (Rice)

### GET SOME PROTEIN (Pick 2)

Seasoned Chicken, Beef, Melted Cheese Sauce, Shredded Cheese

### CUSTOMIZE

Rice, Beans, Lettuce, Tomato, Onion, Black Olives, Sliced Jalapeno, Sour Cream

### TOP IT OFF

Classic Salsa, Salsa Verde, Pico de Gallo