

# Central Breakfast Menu

May 2018

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> <b>Cheesy Egg Breakfast Burger</b> <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Orange, Mixed Fruit 100% Apple Juice	<b>2</b> <b>Oatmeal &amp; Toast</b> <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Apple, Applesauce, 100% Fruit Juice	<b>3</b> <b>Cheese &amp; Chicken Ham Breakfast Roll</b> <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Banana, Raisins, 100% Orange Juice	<b>4</b> <b>Cheesy Ham Biscuit</b> <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Orange, Diced Peaches, 100% Apple Juice
<b>7</b> <b>Oatmeal &amp; Toast</b> <i>Hard Boiled Egg, Toast, Cereal Choices</i> Apple, Diced Pears, 100% Orange Juice	<b>8</b> <b>Bacon &amp; Egg Muffin Sandwich</b> <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Orange, Mixed Fruit 100% Apple Juice	<b>9</b> <b>Late Start Chef's Choice</b> <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Apple, Applesauce, 100% Fruit Juice	<b>10</b> <b>Egg &amp; Cheese Bagel</b> <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Banana, Raisins, 100% Orange Juice	<b>11</b> <b>Blueberry Muffin Square</b> <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Orange, Diced Peaches, 100% Apple Juice
<b>14</b> <b>Ham, Egg &amp; Cheese Bagel</b> <i>Hard Boiled Egg, Toast, Cereal Choices</i> Apple, Diced Pears, 100% Orange Juice	<b>15</b> <b>Oatmeal &amp; Toast</b> <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Orange, Mixed Fruit 100% Apple Juice	<b>16</b> <b>Egg &amp; Cheese Bagel</b> <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Apple, Applesauce, 100% Fruit Juice	<b>17</b> <b>Cheesy Egg Breakfast Burger</b> <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Banana, Raisins, 100% Orange Juice	<b>18</b> <b>Egg, Bacon &amp; Cheddar Flatbread</b> <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Orange, Diced Peaches, 100% Apple Juice
<b>21</b> <b>Apple Cinnamon Muffin Square</b> <i>Hard Boiled Egg, Toast, Cereal Choices</i> Apple, Diced Pears, 100% Orange Juice	<b>22</b> <b>Oatmeal &amp; Toast</b> <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Orange, Mixed Fruit 100% Apple Juice	<b>23</b> <b>Egg &amp; Cheese Muffin Sandwich</b> <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Apple, Applesauce, 100% Fruit Juice	<b>24</b> <b>Cheesy Egg Breakfast Burger</b> <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Banana, Raisins, 100% Orange Juice	<b>25</b> <b>Chef's Choice</b> <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Orange, Diced Peaches, 100% Apple Juice
<b>28</b> <b>Memorial Day!</b> <b>No School</b>	<b>29</b> <b>Sausage &amp; Cheese Quesadilla</b> <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Orange, Mixed Fruit 100% Apple Juice	<b>30</b> <b>Sausage &amp; Cheese Biscuit</b> <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Apple, Applesauce, 100% Fruit Juice	<b>31</b> <b>Blueberry Muffin Square</b> <i>Hard Boiled Egg, Toast, Cereal Choices</i> Fresh Banana, Raisins, 100% Orange Juice	

**Meal Prices:**  
 Breakfast: \$1.15 Full Pay, \$0.30 Reduced, \$0.00 Free, \$2.00 Adult  
 Lunch: \$2.95 Full Pay, \$0.40 Reduced, \$0.00 Free, \$3.75 Adult

# Central Lunch Menu

May 2018

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> <b>Chicken Burger or Veggie Burger</b>  <b>Salad Bar</b>  Potato Wedges or Sweet Potato Fries, Garden Salad,	<b>2</b> <b>Chicken Pot Pie with Whole Grain Biscuit</b>  <b>Salad Bar</b>  Steamed Carrots, Garden Salad, Fresh Banana,	<b>3</b> <b>Chicken Fajitas in Whole Grain Tortilla</b>  <b>Salad Bar</b>  Chipotle BBQ Black Beans, Garden Salad, Fresh Orange Wedges, Orange Juice	<b>4</b> <b>Sweet &amp; Sour Chicken with Vegetarian "Fried" Rice</b>  <b>Salad Bar</b>  Steamed Broccoli, Garden Salad, Fresh Apple,
<b>7</b> <b>Oven Roasted Chicken Drumstick with WG Roll</b>  <b>Salad Bar</b>  Mashed Potatoes, Garden Salad, Fresh Apple, Fruit Juice	<b>8</b> <b>Whole Grain Rotini &amp; Italian Sauce with Chicken</b>  <b>Salad Bar</b>  Green Beans, Garden Salad, Fresh Orange Wedges, Apple Juice	<b>9</b> <b>Late Start</b> <b>Broccoli &amp; Cheese Baked Potato with WG Roll</b>  <b>Salad Bar</b>  Steamed Carrots, Garden Salad, Fresh Banana, Grape Juice	<b>10</b> <b>Buffalo Chicken Artisan Flatbread Pizza</b>  <b>Salad Bar</b>  Baked Beans, Garden Salad, Fresh Apple, Orange Juice	<b>11</b> <b>Chicken Sandwich on WG Bun with Chx Noodle Soup</b>  <b>Salad Bar</b>  Steamed Broccoli, Garden Salad, Fresh Apple, Fruit Juice
<b>14</b> <b>Soft Chicken Tacos with Mexican Spiced Rice</b>  <b>Salad Bar</b>  Steamed Peas, Garden Salad, Fresh Apple, Fruit Juice	<b>15</b> <b>Vegetable Pesto, Cheese, or Pepperoni Pizza</b>  <b>Salad Bar</b>  Green Beans, Garden Salad, Fresh Orange Wedges, Apple Juice	<b>16</b> <b>Baked Whole Grain Macaroni &amp; Cheese</b>  <b>Salad Bar</b>  Steamed Carrots, Garden Salad, Fresh Banana, Grape Juice	<b>17</b> <b>Chicken Enchiladas with Rice &amp; Corn Salad</b>  <b>Salad Bar</b>  Campfire Chipotle Beans, Garden Salad, Fresh Pear, Orange Juice	<b>18</b> <b>Breaded Fish Melt on Whole Grain Bun</b>  <b>Salad Bar</b>  Red Pepper Strips, Garden Salad, Fresh Apple, Dragon Punch Juice
<b>21</b> <b>White Cheese, Sausage &amp; Herb Artisan Flatbread</b>  <b>Salad Bar</b>  Sweet Golden Corn, Garden Salad, Fresh Apple, Fruit Juice	<b>22</b> <b>Chicken Burger or Veggie Burger on WG Bun</b>  <b>Salad Bar</b>  Green Beans, Red Pepper Strips, Fresh Orange Wedges, Apple Juice	<b>23</b> <b>Chef's Choice</b>  <b>Salad Bar</b>  Mashed Potatoes, Garden Salad, Fresh Banana, Grape Juice	<b>24</b> <b>Spaghetti Carbonara with Peas, Bacon &amp; Chicken</b>  <b>Salad Bar</b>  Baked Beans, Garden Salad, Blueberries, Orange Juice	<b>25</b> <b>Chef's Choice</b>  <b>Salad Bar</b>  Steamed Broccoli, Garden Salad, Fresh Apple, Fruit Juice
<b>28</b>  <b>Memorial Day!</b>  <b>No School</b>	<b>29</b> <b>Chipotle BBQ Chicken Flatbread</b>  <b>Salad Bar</b>  Steamed Carrots, Jicama Sticks, Fresh Orange Wedges, Apple Juice	<b>30</b> <b>Vegetable Pesto, Cheese, or Pepperoni Pizza</b>  <b>Salad Bar</b>  Potato Wedges, Garden Salad, Fresh Banana, Grape Juice	<b>31</b> <b>Roast Pork &amp; Gravy with Whole Grain Roll</b>  <b>Salad Bar</b>  Mashed Potatoes, Kickin' Pintos, Cantaloupe, Orange Juice	

**Meal Prices:**

Breakfast: \$1.15 Full Pay, \$0.30 Reduced, \$0.00 Free, \$2.00 Adult  
 Lunch: \$2.85 Full Pay, \$0.40 Reduced, \$0.00 Free, \$3.75 Adult