High School Lunch



May 2018

HOME ZONE

Everyday we offer a featured entrée and accompanying sides at our HOME ZONE station.



EVERYDAY OFFERINGS AT THE GRILL



Hamburger, Cheeseburger, Veggie Burger, Chicken Patty, Spicy Chicken Patty, or Grilled Chicken on a Whole Grain Bun Chicken Tenders or 100% White Meat Boneless Wings with a Pretzel Rod Tater Tots or Sweet Potato Fries

			Tater Tots or Sweet Potato Fries	
Monday	Tuesday	Wednesday	Thursday	Friday
	Fish Sticks with Mac & Cheese Taco Cheeseburger Green Beans, Red Pepper Strips, Orange, Apple Juice	Chicken Pot Pie Bacon Cheeseburger Steamed Carrots, Garden Salac Fresh Banana, Grape Juice	Chicken Fajitas with Mexican Rice Chicken Teriyaki Sandwich Black Charro Beans, Celery Sticks, Fresh Grapes, Orange Juice	Sweet & Sour Popcorn Chicken with Fried Rice Pizza Burger Steamed Broccoli, Cucumber Slices, Mixed Fruit Fruit Juice
Chicken Drumstick & Whole Grain Dinner Roll Crispy Srirachan Burger Mashed Potatoes with Gravy, Broccoli Florets, Fresh Apple, Fruit Juice	Rotini with Italian Meat Sauce & WG Breadstick Bacon Cheeseburger	9 Late Start Broccoli & Cheese Baked Potato with Roll Chicken Patty Salsa Melt Steamed Carrots, Garden Salac Fresh Banana, Grape Juice	Pancakes with Cinnamon Apples and Sausage Patties Jalapeno Cheeseburger Baked Beans, Celery Sticks, Fresh Grape, Orange Juice	General Tso's Popcorn Chicken & Rice Pizza Burger Steamed Broccoli, Baby Carrots, Diced Peaches, Frui Juice
14 Meatloaf with Gravy and Italian Flatbread California Ranch Chicken Sandwich Mashed Potatoes with Gravy, Cherry Tomatoes, Fresh Apple, Fruit Juice	Popcorn Chicken Bowl with Dinner Roll Cajun Cheeseburger Green Beans, Cucumber Slices, Fresh Orange, Apple Juice	Cheesy Penne with WG Breadstick BBQ Cheeseburger Steamed Carrots, Celery Sticks Fresh Banana, Grape Juice	Turkey & Gravy with Traditional Stuffing Buffalo Chicken Patty Baked Beans, Baby Carrots, Blueberries, Orange Juice	Cheeseburger Rolletto Breaded Fish Melt Steamed Broccoli, Red Peppe Strips, Applesauce, Fruit Juic
Pizza Sticks with Marinara Sauce BBQ Chicken Melt Sweet Golden Corn, Broccoli Florets, Fresh Apple,	Chicken & Waffles Crispy Srirachan Burger	Chef's Choice BBQ Cheeseburger Steamed Carrots, Garden Salac Fresh Banana, Grape Juice	24 Spaghetti Carbonara with Chicken & Bacon BBQ Pulled Pork Sandwich Baked Beans, Celery Sticks, Fresh Pear, Orange Juice	Chef's Choice BBQ Riblet Sandwich Steamed Broccoli, Garden Salad, Diced Pears, Fruit Juic
28 Memorial Day No School!	29 Country Chicken Nugget Bowl & Whole Grain Roll Crispy Srirachan Burger Steamed Carrots, Jicama Sticks, Fresh Orange, Apple Juice	30 Beef Chili Mac & Whole Grain Breadstick Grilled Ham & Cheese Kickin' Pintos, Celery Sticks, Fresh Banana, Grape Juice	Roast Pork & Gravy with WG Roll Chicken Bruschetta Melt Mashed Potatoes with Gravy, Baby Carrots, Cantaloupe, Orange Juice	

Meal Prices:

Breakfast: \$1.15 Full Pay, \$0.30 Reduced, \$0.00 Free, \$2.00 Adult Lunch: \$2.95 Full Pay, \$0.40 Reduced, \$0.00 Free, \$3.75 Adult

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EVERYDAY OFFERINGS – MAKE YOUR OWN!

PICK A BREAD

Sub Roll, Cheddar Roll, Whole Grain Wrap, Whole Grain Flatbread

GET SOME PROTEIN

Ham, Turkey, Chicken Salad, Tuna Salad, Hummus

CHEESE

American, Cheddar, Provolone

CUSTOMIZE

Lettuce, Tomato, Onion, Cucumber Slices, Green Pepper Strips, Black Olives, Pickles, Banana Peppers, Jalapenos

ADD A SPREAD

Mayo, Yellow Mustard, Honey Mustard, Ranch Dressing, Sriracha Mayo





EVERYDAY OFFERINGS

Cheese & Pepperoni Pizza on Whole Grain Crust

Made-To-Order Pasta: Pasta, Meatballs, Diced Chicken, Spaghetti Sauce, Alfredo Sauce

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Sausage Pizza	Meat Lover's Pizza	Spicy Chicken Pizza	Stuffed Crust Cheese Pizz
7 Meat Lover's Pizza	8 Chicken Parmesan Pizza	9 Buffalo Chicken Flatbread	Bruschetta Chicken Flatbread	11 Vegetable Pizza
14 White Cheese & Sausage Flatbread	Meat Lover's Pizza	16 Stuffed Crust Cheese Pizza	17 Sausage Pizza	18 White Cheese & Tomato Flatbread
21 Sausage Pizza	Florentine Chicken	23 Mexican Pizza	Meat Lover's Pizza	25 Vegetable Pizza
28 Memorial Day	29 Sausage Pizza	30 Meat Lover's Pizza	Spicy Chicken Pizza	



EVERYDAY OFFERINGS – MAKE YOUR OWN!

STARTERS

Nachos, Tacos, Burrito, Bowl (Rice)

GET SOME PROTEIN (Pick 2)

Seasoned Chicken, Beef, Melted Cheese Sauce, Shredded Cheese

CUSTOMIZE

Rice, Beans, Lettuce, Tomato, Onion, Black Olives, Sliced Jalapeno, Sour Cream

TOP IT OFF

Classic Salsa, Salsa Verde, Pico de Gallo