



# Elementary Breakfast Menu

November 2017

**1**  
**Animal Crackers & Yogurt**

Reduced Sugar Frosted Flakes or Honey Nut Cheerios with Cottage Cheese

Fresh Pear, Applesauce, 100% Fruit Juice

**2**  
**Apple Frudel**

Reduced Sugar Froot Loops or Honey Nut Cheerios with Cottage Cheese

Banana, Raisins, 100% Orange Juice

**3**  
**Maple Mini Waffles**  
Chocolate Frosted Mini Wheats or Honey Nut Cheerios with Cottage Cheese  
Fresh Apple, Diced Peaches, 100% Apple Juice

**6**  
**Banana Chocolate Benefit Bar**

Reduced Sugar Cocoa Puffs or Honey Nut Cheerios with Hardboiled Egg

Fresh Apple, Diced Pears, 100% Orange Juice

**7**  
**Egg & Cheese English Muffin**

Reduced Sugar Cinnamon Toast Crunch or Honey Nut Cheerios with Hardboiled Egg

Fresh Orange, Mixed Fruit, 100% Apple Juice

**8** Late Start  
**Banana Muffin Square**

Reduced Sugar Frosted Flakes or Honey Nut Cheerios with Hardboiled Egg

Fresh Pear, Applesauce, 100% Fruit Juice

**9**  
**Mini Cinnamon Cream Cheese Bagels**

Reduced Sugar Froot Loops or Honey Nut Cheerios with Hardboiled Egg

Banana, Raisins, 100% Orange Juice

**10**  
**Chocolate Chip UBR**  
Chocolate Frosted Mini Wheats or Honey Nut Cheerios with Hardboiled Egg  
Fresh Apple, Diced Peaches, 100% Apple Juice

**13**  
**Chocolate Muffin & Yogurt**

Reduced Sugar Cocoa Puffs or Honey Nut Cheerios with String Cheese

Fresh Apple, Diced Pears, 100% Orange Juice

**14**  
**Turkey Pancake Wrap**

Reduced Sugar Cinnamon Toast Crunch or Honey Nut Cheerios with String Cheese

Fresh Orange, Mixed Fruit, 100% Apple Juice

**15**  
**Cinnamon UBR**

Reduced Sugar Frosted Flakes or Honey Nut Cheerios with String Cheese

Fresh Pear, Applesauce, 100% Fruit Juice

**16**  
**Sausage Breakfast Pizza**

Reduced Sugar Froot Loops or Honey Nut Cheerios with String Cheese

Banana, Dried Cranberries, 100% Orange Juice

**17**  
**Cherry Frudel**  
Chocolate Frosted Mini Wheats or Honey Nut Cheerios with String Cheese  
Fresh Apple, Diced Peaches, 100% Apple Juice

**20**  
**Mini Blueberry Waffles**

Reduced Sugar Cocoa Puffs or Honey Nut Cheerios with Cheddar Cheese Cubes

Fresh Apple, Diced Pears, 100% Orange Juice

**21**  
**Chef's Choice**  
Reduced Sugar Cinnamon Toast Crunch or Honey Nut Cheerios with Cheddar Cheese Cubes

Fresh Orange, Mixed Fruit, 100% Apple Juice

**22**  
**No School**

**23**  
**No School**

**24**  
**No School**

**27**  
**Country Chicken Biscuit**

Reduced Sugar Cocoa Puffs or Honey Nut Cheerios with String Cheese

Fresh Apple, Diced Pears, 100% Orange Juice

**28**  
**Mini Strawberry Cream Cheese Bagels**

Reduced Sugar Cinnamon Toast Crunch or Honey Nut Cheerios with String Cheese

Fresh Orange, Mixed Fruit, 100% Apple Juice

**29**  
**Sausage Breakfast Pizza**

Reduced Sugar Frosted Flakes or Honey Nut Cheerios with String Cheese

Fresh Pear, Applesauce, 100% Fruit Juice

**30**  
**Apple Cinnamon Muffin Square**

Reduced Sugar Froot Loops or Honey Nut Cheerios with String Cheese

Banana, Dried Cranberries, 100% Orange Juice

**Happy November, Students! We hope you have a great Thanksgiving!**

Parents – we have positions open. Daytime hours & working only when your student is in school! More info at <http://aramark.aasd.k12.wi.us>



**Lunch Accounts:** Payments can be made online or by sending cash or check with your student. Breakfast: \$1.05, Reduced: \$0.30, Free \$0.00, CEP: \$0.00, Adult: \$2.00.

**Milk:** 1% White and Skim White are offered daily at breakfast!

**Whole Grains:** All bread served is whole grain rich!