

2

1. Pancakes & Sausage Patties
2. Hamburger on WG Bun
3. Italian Ham Salad
4. PB&J

Cinnamon Apples, Broccoli Florets, Fresh Grapes, Wango Mango Juice

3

1. Chicken Nuggets & Pretzel Rod
2. Ham & Cheese Sub
3. All-American Chef Salad
4. PB&J

Steamed Green Beans, Red Pepper Strips, Fresh Banana, 100% Apple Juice

4

1. Chicken Corn Dog
2. Chicken Pot Pie
3. Fruit & Cheese Plate
4. PB&J

Steamed Carrots, Side Salad, Fresh Apple, 100% Grape Juice

5

1. Beef Tacos
2. Grilled Chicken Sandwich on WG Bun
3. Popcorn Chicken Salad
4. PB&J

Black Charro Beans, Celery Sticks, Orange Wedges, 100% Orange Juice

6

1. Pepperoni Pizza
2. Veggie Burger on WG Bun
3. Ham Chef Salad
4. PB&J

Steamed Broccoli, Baby Carrots, Mixed Fruit, 100% Fruit Juice

9

1. Chicken Drumstick & Whole Grain Roll
2. Veggie Burger
3. Italian Ham Salad
4. PB&J

Mashed Potatoes & Gravy, Fresh Broccoli Florets, Fresh Apple, 100% Fruit Juice

10

1. Grilled Cheese & Tomato Soup
2. Turkey & Cheese Sub
3. All-American Chef Salad
4. PB&J

Steamed Green Beans, Red Pepper Strips, Fresh Banana, 100% Apple Juice

11

Late Start

1. French Toast Sticks & Cheese Omelet
2. Broccoli Cheese Baked Potato & Pretzel Rod
3. Fruit & Cheese Plate
4. PB&J

Steamed Broccoli, Baby Carrots, Fresh Apple,

12

1. Cheeseburger
2. Turkey & Gravy with WG Roll
3. Popcorn Chicken Salad
4. PB&J

Baked Beans, Celery Sticks, Fresh Orange Wedges, 100% Orange Juice

13

1. Pepperoni Pizza
2. Fish Melt Sandwich
3. Ham Chef Salad
4. PB&J

Steamed Carrots, Side Salad, Strawberries, 100% Fruit Juice

16

1. Chicken Patty Sandwich
2. Meatloaf & Gravy with WG Roll
3. Italian Ham Salad
4. PB&J

Tater Tots, Cherry Tomatoes, Fresh Grapes, 100% Fruit Juice

17

1. Popcorn Chicken Bowl & Pretzel Rod
2. Ham & Cheese Sub
3. All-American Chef Salad
4. PB&J

Cucumber Slices, Side Salad, Fresh Banana, 100% Apple Juice

18

1. Hot Dog on WG Bun
2. Mac & Cheese with Pretzel Rod
3. Fruit & Cheese Plate
4. PB&J

Steamed Carrots, Celery Sticks, Fresh Apple, 100% Grape Juice

19

1. Hamburger on WG Bun
2. BBQ Chicken Melt
3. Popcorn Chicken Salad
4. PB&J

Baked Beans, Baby Carrots, Blueberries, 100% Orange Juice

20

1. Cheese Pizza
2. Chicken Nuggets & Pretzel Rod
3. Ham Chef Salad
4. PB&J

Steamed Broccoli, Baby Carrots, Applesauce, 100% Fruit Juice

23

1. Cheese Pizza Sticks & Sauce
2. Veggie Burger
3. Italian Ham Salad
4. PB&J

Steamed Corn, Fresh Broccoli, Fresh Pear, 100% Fruit Juice

24

1. French Toast Sticks & Cheese Omelet
2. Turkey & Cheese Sub
3. All-American Chef Salad
4. PB&J

Warm Cinnamon Apples, Side Salad, Red Pepper Strips, 100% Apple Juice

25

Ace's Treat Day!

1. Chef's Choice
2. Spicy Chicken Patty Sandwich
3. Fruit & Cheese Plate
4. PB&J

Steamed Carrots, Celery Sticks, Fresh Apple, 100% Grape Juice

Mini Rice Krispie Treat

26

1. Cheeseburger
2. Grilled Ham & Cheese Sandwich
3. Popcorn Chicken Salad
4. PB&J

Baked Beans, Cucumber Slices, Orange Wedges, 100% Orange Juice

27

1. Pepperoni Pizza
2. Fish Sticks & Pretzel Rod
3. Ham Chef Salad
4. PB&J

Steamed Broccoli, Side Salad, Diced Peaches, 100% Fruit Juice

30

1. Chicken Patty Sandwich
2. Salisbury Steak
3. Italian Ham Salad
4. PB&J

Mashed Potatoes & Gravy, Grape Tomatoes, Apple, 100% Fruit Juice

31

1. Beef Nachos with Mexican Rice
2. Tuna Salad Sub
3. All-American Chef Salad
4. PB&J

Black Charro Beans, Jicama Sticks, Banana, 100% Apple Juice



Hey students! Join me on Ace's Treat Day for a special treat!

Happy October, Students!

Parents – we have positions open. Daytime hours & working only when your student is in school! More info at <http://aramark.aasd.k12.wi.us>



Lunch Accounts: Payments can be made online or by sending cash or check with your student. Lunch: \$2.70, Reduced: \$0.40, Free \$0.00, CEP: \$0.00, Adult: \$3.75.

Milk: 1% White, Skim White, and Skim Chocolate are offered daily!

Whole Grains: All bread served is whole grain rich!