



# Elementary Breakfast Menu

October 2017

**2**  
**Banana Chocolate Benefit Bar**  
 Reduced Sugar Cocoa Puffs or Honey Nut Cheerios with Hardboiled Egg  
 Fresh Apple, Diced Pears, 100% Orange Juice

**3**  
**Egg & Cheese English Muffin**  
 Reduced Sugar Cinnamon Toast Crunch or Honey Nut Cheerios with Hardboiled Egg  
 Fresh Orange, Mixed Fruit, 100% Apple Juice

**4**  
**Banana Muffin Square**  
 Reduced Sugar Frosted Flakes or Honey Nut Cheerios with Hardboiled Egg  
 Fresh Pear, Applesauce, 100% Fruit Juice

**5**  
**Mini Cinnamon Cream Cheese Bagels**  
 Reduced Sugar Froot Loops or Honey Nut Cheerios with Hardboiled Egg  
 Banana, Raisins, 100% Orange Juice

**6**  
**Chocolate Chip UBR**  
 Chocolate Frosted Mini Wheats or Honey Nut Cheerios with Hardboiled Egg  
 Fresh Apple, Diced Peaches, 100% Apple Juice

**9**  
**Chocolate Muffin & Yogurt**  
 Reduced Sugar Cocoa Puffs or Honey Nut Cheerios with String Cheese  
 Fresh Apple, Diced Pears, 100% Orange Juice

**10**  
**Turkey Pancake Wrap**  
 Reduced Sugar Cinnamon Toast Crunch or Honey Nut Cheerios with String Cheese  
 Fresh Orange, Mixed Fruit, 100% Apple Juice

**11** Late Start  
**Cinnamon UBR**  
 Reduced Sugar Frosted Flakes or Honey Nut Cheerios with String Cheese  
 Fresh Pear, Applesauce, 100% Fruit Juice

**12**  
**Sausage Breakfast Pizza**  
 Reduced Sugar Froot Loops or Honey Nut Cheerios with String Cheese  
 Banana, Dried Cranberries, 100% Orange Juice

**13**  
**Cherry Frudel**  
 Chocolate Frosted Mini Wheats or Honey Nut Cheerios with String Cheese  
 Fresh Apple, Diced Peaches, 100% Apple Juice

**16**  
**Mini Blueberry Waffles**  
 Reduced Sugar Cocoa Puffs or Honey Nut Cheerios with Cheddar Cheese Cubes  
 Fresh Apple, Diced Pears, 100% Orange Juice

**17**  
**Homemade Cinnamon Roll**  
 Reduced Sugar Cinnamon Toast Crunch or Honey Nut Cheerios with Cheddar Cheese Cubes  
 Fresh Orange, Mixed Fruit, 100% Apple Juice

**18**  
**Egg & Cheese English Muffin**  
 Reduced Sugar Frosted Flakes or Honey Nut Cheerios with Cheddar Cheese Cubes  
 Fresh Pear, Applesauce, 100% Fruit Juice

**19**  
**Mini Maple Waffles**  
 Reduced Sugar Froot Loops or Honey Nut Cheerios with Cheddar Cheese Cubes  
 Banana, Raisins, 100% Orange Juice

**20**  
**Blueberry Muffin & Yogurt**  
 Chocolate Frosted Mini Wheats or Honey Nut Cheerios with Cheddar Cheese Cubes  
 Fresh Apple, Diced Peaches, Apple Juice

**23**  
**Country Chicken Biscuit**  
 Reduced Sugar Cocoa Puffs or Honey Nut Cheerios with String Cheese  
 Fresh Apple, Diced Pears, 100% Orange Juice

**24**  
**Mini Strawberry Cream Cheese Bagels**  
 Reduced Sugar Cinnamon Toast Crunch or Honey Nut Cheerios with String Cheese  
 Fresh Orange, Mixed Fruit, 100% Apple Juice

**25**  
**Chef's Choice**  
 Reduced Sugar Frosted Flakes or Honey Nut Cheerios with String Cheese  
 Fresh Pear, Applesauce, 100% Fruit Juice

**26**  
**No School**

**27**  
**No School**

**30**  
**Mini Blueberry Waffles**  
 Reduced Sugar Cocoa Puffs or Honey Nut Cheerios with Cottage Cheese  
 Fresh Apple, Diced Pears, 100% Orange Juice

**31**  
**Sausage Muffin Sandwich**  
 Reduced Sugar Cinnamon Toast Crunch or Honey Nut Cheerios with Cottage Cheese  
 Fresh Orange, Mixed Fruit, 100% Apple Juice

## Happy October, Students!

Parents – we have positions open. Daytime hours & working only when your student is in school! More info at <http://aramark.aasd.k12.wi.us>



**Lunch Accounts:** Payments can be made online or by sending cash or check with your student. Breakfast: \$1.05, Reduced: \$0.30, Free \$0.00, CEP: \$0.00, Adult: \$2.00.

**Milk:** 1% White and Skim White are offered daily at breakfast!

**Whole Grains:** All bread served is whole grain rich!