

Central Breakfast & Lunch Menu

June 2019

Monday	Tuesday	Wednesday	Thursday	Friday
3 Cinnamon Rolls <i>Hard Boiled Egg, Toast, & Cereal Choices</i> Fruit Choices and 100% Apple Juice	4 Spanish Frittata <i>Hard Boiled Egg, Toast, & Cereal Choices</i> Fruit Choices and 100% Orange Juice	5 Grilled Ham and Cheese Sandwich <i>Hard Boiled Egg, Toast, & Cereal Choices</i> Fruit Choices and 100% Fruit Juice	6 Cheese & Sausage Quesadilla <i>Hard Boiled Egg, Toast, & Cereal Choices</i> Fruit Choices and 100% Apple Juice	7 Country Biscuit & Gravy <i>Hard Boiled Egg, Toast, & Cereal Choices</i> Fruit Choices and 100% Orange Juice
<u>Lunch</u>				
3 Chicken Tenders w/ Pretzel Rod Salad Bar Steamed Corn, Broccoli Florets, Fresh Apple, Fruit Juice	4 Chicken Sandwich with Ginger Teriyaki Vegetables Salad Bar Stir-Fry Vegetables, Red Pepper Strips, Fresh Orange	5 White Cheese, Sausage & Herb Flatbread Pizza Salad Bar Roasted Carrots, Fresh Zucchini, Fresh Banana, Orange Juice	6 BBQ Riblet Sandwich Salad Bar Baked Beans, Celery Sticks, Pineapple Tidbits	7 Last Day Enjoy Your Summer!!!!

Meal Prices:
 Breakfast: \$1.15 Full Pay, \$0.30 Reduced, \$0.00 Free, \$2.00 Adult
 Lunch: \$2.85 Full Pay, \$0.40 Reduced, \$0.00 Free, \$3.75 Adult
Milk: 1% White and Skim White are offered daily at Breakfast!

Central Summer Menu

2019

Monday	Tuesday	Wednesday	Thursday	Friday
10 Berry French Toast Honey Nut Cheerios String Cheese Fruit Choice Milk Choice	11 Apple Cinnamon Nutri-Grain Bar Honey Nut Cheerios String Cheese Fruit Choice Milk Choice	12 Cherry Frudel Honey Nut Cheerios String Cheese Fruit Choice Milk Choice	13 Chef's Choice Honey Nut Cheerios String Cheese Fruit Choice Milk Choice	14 No Meals Served
17 Apple Cinnamon Muffin Honey Nut Cheerios String Cheese Fruit Choice Milk Choice	18 Strawberry Nutri-Grain Bar Honey Nut Cheerios String Cheese Fruit Choice Milk Choice	19 Turkey Pancake Wrap Honey Nut Cheerios String Cheese Fruit Choice Milk Choice	20 Apple Blueberry Benefit Bar Honey Nut Cheerios String Cheese Fruit Choice Milk Choice	21 No Meals Served
24 Berry French Toast Honey Nut Cheerios String Cheese Fruit Choice Milk Choice	25 Apple Cinnamon Nutri-Grain Bar Honey Nut Cheerios String Cheese Fruit Choice Milk Choice	26 Cherry Frudel Honey Nut Cheerios String Cheese Fruit Choice Milk Choice	27 Chef's Choice Honey Nut Cheerios String Cheese Fruit Choice Milk Choice	28 No Meals Served

Meal Prices:

Breakfast: \$1.15 Full Pay, \$0.30 Reduced, \$0.00 Free, \$2.00 Adult

Lunch: \$2.85 Full Pay, \$0.40 Reduced, \$0.00 Free, \$3.75 Adult

Milk: 1% White, Skim White, and Skim Chocolate are offered daily at lunch!